

# SFY2024 - SFY2026 Area Plan



## Area Agency on Aging

**Serving Atoka, Bryan, Carter, Coal, Garvin, Johnston,  
Love, Marshall, Murray, and Pontotoc.**

**DEPARTMENT OF HUMAN SERVICES**

**AGING SERVICES**

**SFY2024-2026**

**AREA PLAN ON AGING APPLICATION**

**FOR**

**#4 Planning and Service Area**

**Counties Served:** *Atoka, Bryan, Carter, Coal, Garvin, Johnston,  
Love, Marshall, Murray, and Pontotoc.*

**UNDER**

**THE OLDER AMERICANS ACT**

**SFY2024-2026**

**Applicant Agency**      **SODA Area Agency on Aging**

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# SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

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## **Section I. INTRODUCTIONS**

The State agency utilizes eleven sub-state planning and service areas (PSA) for federal planning and has designated eleven area agencies on aging (AAA) in accordance with the requirements of Title III of the Older Americans Act (OAA). Each AAA is mandated under the OAA to develop a detailed Area Plan that provides a comprehensive and coordinated system for supportive services. The AAA will also seek to involve the public and private sectors in the provision and expansion of services. The focus of the plan is to show how the greatest numbers of older, low-income, minority individuals who reside within each PSA are to be reached with targeted resources and provided services. The plan is prepared for a 3-year cycle, with the first year's submission providing detailed assurances and information regarding the AAAs plans for the upcoming four-year period. All information is required every year during the plan period. Criteria for approval of the area plan include identification of priority needs, development of measurable objectives, and targeting of services to those in greatest economic or social need.

The provision of services is accomplished by the awarding of grants through a Request for Proposal process to local public or private entities. State policy ensures all OAA pass-through funds are awarded in an open, competitive, and fair process. Direct services otherwise prohibited by the OAA may be permitted by Community Living Aging and Adult Protective Services (CAP) if, in the judgment of the State agency, provision of the services is:

- (1) Necessary to ensure an adequate supply of the services.
- (2) Related to the administrative functions of the area agency on aging (AAA); or
- (3) More economical and of comparable quality.

It is the responsibility of the AAA to monitor project compliance with regulations and assurances within state policy and the OAA as well as to evaluate the effectiveness of services rendered to older people. The variety of services to be provided (as appropriate) under Titles III and VII includes but is not limited to:

- I. access services (information and assistance, transportation, and outreach);
- II. In-home services (homemaker, home repair and chore service);
- III. Legal Assistance;
- IV. Nutrition services (congregate meals, home-delivered meals, nutrition counseling and nutrition education);
- V. Long-Term Care Ombudsman Program services; and
- VI. Community support and social services (health promotion, adult day care and respite).

**Section II. EXECUTIVE SUMMARY**

**a) Primary Purpose and Responsibilities of the AAA:**

SODA AAA is located in rural Southeast Oklahoma. SODA was established in 1957 and although we are headquartered in Durant, Oklahoma, our service area includes Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, and Pontotoc Counties. SODA AAA's mission is to be the visible advocate in providing for a comprehensive and coordinated continuum of services and opportunities so that older people can live dignified, productive, and independent lives.

SODA AAA Staff work hard to serve the 60+ population in our Planning and Service Area (PSA). With the increase in the aging population, we are seeing a growing need for services. Without an increase in funding, we are consistently working to find and establish new partnerships. One such need that we actively address is dental care. Through a partnership with MobileSmiles Oklahoma, we are able to bring a dental unit to one of the counties in our PSA for a week of no cost dental care. Another need on the rise is vision. We recently partnered with VSP Eyes of Hope to provide gift certificates for an exam, lenses, and frames.

Spreading awareness of our programs is a top priority. The aging population has changed, and technology now plays a huge role in our society. We have to expand our efforts to reach those in need of services. SODA AAA recently launched a Facebook page. We also have information about services offered on the SODA website, [soda-ok.org](http://soda-ok.org). SODA AAA Staff are working to get back into the communities by setting up booths at health fairs and giving presentations at senior centers. We have also updated our brochures and are currently updating our Resource Directory for distribution.

**b) SODA-AAA under the Area Plan will accomplish their responsibilities by:**

SODA AAA plans and coordinates services and programs for senior adults, persons with disabilities, and caregivers in the PSA to assist older persons in obtaining needed services, including but not limited to the following: Information & Assistance, Referrals, Disease Prevention and Health Promotion Services, Outreach Services, Homemaker Services, Chore Services, Nutrition Services, National Family Caregiver Support Program, Legal Services, and Senior Medical Transportation.

SODA-AAA has the responsibility for addressing present and future aging and long-term care issues within the PSA. Our Staff understands their vital role as the first point of contact for those requesting services. They work tirelessly to keep an updated list of resources so that if the resource requested is not within the scope of our services, we can give them the information to contact an organization better equipped to handle that request.

## **Section III. TRENDS**

### **PROJECTIONS**

#### **Projected Changes in Number of Older Individuals in the SODA PSA – Over the next 3 years – History, Statistics and SODA AAA Vision of future:**

We have seen a steady increase in the aging population with a 7.65% increase in the SODA AAA PSA in one year. (<https://agid.acl.gov/>) According to the United States Census Bureau, the baby boomer generation will all be at least age 65 by 2030. This generation is estimated to be 73 million people. With about 10,000 people a day crossing that age threshold, we will begin to see a spike in the increase of our aging population. This would indicate a 25% to 30% increase in the 60+ population by the year 2026.

<https://www.census.gov/library/stories/2019/12/by-2030-all-baby-boomers-will-be-age-65-or-older.html#:~:text=Born%20after%20World%20War%20II,be%20at%20least%20age%2065.>

Many of our seniors in the PSA are at or below the poverty level which results in a greater economic need of supportive services. Currently over 12% of the 60+ population in the PSA have incomes below the poverty level with the highest percentages being in Coal and Johnston counties. (<https://agid.acl.gov/>) As the number of aging individuals increase in the PSA, this percentage will likely double. Another area of need for supportive services is the minority seniors in the PSA. Currently, the highest number of older minority individuals are Native Americans, and the lowest number are Asians.

All the SODA PSA counties are considered rural areas, some more rural than others. In fact, SE Oklahoma has some of the poorest counties in the state. Rural elderly individuals are spread out in the PSA through the farming and ranching communities and living in or near communities with very sparsely populated areas with little or no accessible community services available. Due to distance in some rural counties of the PSA there are difficulties in reaching some of the more isolated elderly to provide quality services. Although rural people are less likely to leave their homes when they retire some individuals residing in our most rural locations have had to make the choice to move to a more populated location just to receive services such as assisted living.

SODA AAA PSA has very few aging who are limited in English proficiency (LEP). Translation or interpreter services have not been an issue in communicating with seniors in the PSA to date. According to demographic data reports, there are approximately 435 60+ seniors who either speak English not well or not at all in the SODA PSA. The predominant language in the PSA is overwhelmingly English. Spanish is the next most frequently used language. SODA AAA has a brochure that is printed in English as well as Spanish for those who need it. SODA AAA takes LEP person's needs seriously and if needed will attempt to make every reasonable effort to provide meaningful access and services to them.

In the SODA AAA PSA, the highest number of aging living alone is in the 75-to-84-year range. With the oldest of the baby boomer generation in the 75 to 84 range, this number will greatly increase over the next few years as well as the 85 years and older age range, which currently has the lowest number of individuals living alone. These factors reinforce the need

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for additional funding in order to continue quality services to the aging population. Additional funding needs to be allocated for Title III programs. If additional funding is not allocated, SODA AAA will make every effort to find additional funding or develop collaborations with other agencies in the PSA to serve the aging population.

SODA AAA's vision of the future for older persons is to continue to provide the supportive services that are needed with funding that is supplied. Emphasis will be placed on finding more ways to reach those elderly who are in the greatest economic need. We will also look at ways to improve current programs and funding to enhance and/or create new programs. It is our desire to continue to provide the elderly with a coordinated continuum of home and community-based services that help elderly individuals and provide opportunities so they can live with dignity and lead meaningful and productive lives within their communities with respect and independence. We hope to achieve these things with the help of current partnerships and future partnerships in the PSA. SODA AAA remains committed in providing quality services and helping the older generation receive the supportive services, they need.

SODA AAA currently partners with other agencies and organizations to provide services needed for the elderly through our Title III grantees, ODOC - CENA Grant, Masonic Grant, Mobile Smiles Unit, SHIP, MIPPA, and other Community organizations and councils just to name a few. With the help of these partnerships and other grants we will work diligently to provide the most critically needed services to those seniors who need them the most. We do not foresee that there will be much increase in the number of persons served or the number of services provided without an increase in the funding for these needed senior programs. We are committed to working together to reach our goals for the sake and the future of the elderly.

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## PROJECTED AGING PROGRAM OUTPUT (NEXT 3 YEARS)

Information for SFY2022 provided from (AIM reports OKN509, OKN514 & OKN515)

Aging Program Output- Quantitative	SFY 2022 NAPIS Report		SFY 2024 Projected		SFY 2025 Projected		SFY 2026 Projected	
	TOTAL UoS	TOTAL UPS	TOTAL UoS	TOTAL UPS	TOTAL UoS	TOTAL UPS	TOTAL UoS	TOTAL UPS
Personal Care								
Homemaker	2,066	68	1,400	70	1,400	70	1,400	70
Chore	484	36	425	35	425	35	425	35
Home delivered meals	79,419	511	100,000	700	100,000	700	100,000	700
Adult day care/health								
Case Management								
Congregate Meals *	83,444	1,455	80,000	800	80,000	800	80,000	800
Nutrition counseling *	9	8	20	20	20	20	20	20
Assisted Transportation								
Transportation * (2 separate Projects – Combined)	2,802	140	2,800	80	2,800	80	2,800	80
Legal Assistance *	549	XXXX	550	XXXX	550	XXXX	550	XXXX
Nutrition Education *	156	310	156	312	156	312	156	312
Information & Assistance *	2,105	1,016	1,500	650	1,500	650	1,500	650
Information & Assistance Education		XXXX		XXXX	5	XXXX	5	XXXX
Outreach *	346	345	350	350	350	350	350	350
Education/training								
Education/information and assistance (Legal Aid)	10	XXXX	14	XXXX	14	XXXX	14	XXXX
Health promotion Disease Prevention*	270	39	400	50	400	50	400	50
Home repair								
Coordination of services								
Information about services *								
Information about services /GRRC *								
Assistance with access to services *	38	38	400	200	400	200	400	200
Assistance with access to services/GRRC *	44	9	40	20	40	20	40	20
Counseling/Support Groups/ Referrals *	0	0	25	25	25	25	25	25
Counseling/Support Groups/ Referrals/GRRC *	0	0	6	6	6	6	6	6
Support groups *								
Support groups/GRRC *								
Training *								
Training/GRRC *								
Respite *	2,491	31	5,000	85	5,000	85	5,000	85
Respite/GRRC *	687	8	1,000	10	1,000	10	1,000	10
Supplemental Services								
Supplemental Services/GRRC								

[Annual RFP requirements will be consistent with AP Projected Program Output totals.

RFP Applicants who choose to exceed minimum output totals required in the application are held to the exceeded totals. The exceeded totals are the applicant's annual goals throughout the required reporting forms.]



**Section III. TRENDS**

**COLLABORATION**

SODA AAA is committed to working in collaboration with other agencies who develop, maintain, or enhance a comprehensive and coordinated community-based system of services which are rendered within our PSA to help our elderly get the services needed. We do this by coordinating and partnering with other various organizations that have a proven record in providing services to older individuals so we can better meet the needs of the elderly.

SODA AAA's Information and Assistance Coordinator (I & A) is the direct key resource and access to all the services available in the PSA. Along with working with SODA AAA's project grantee service providers, the SODA I & A also works closely with other entities such as: Home Health Agencies, faith-based entities & churches, food banks, community foundations and organizations geared to helping and serving others, community-based supportive service programs and agencies, dental offices, eye doctors, utility companies, medical equipment agencies, and many other entities in the planning and service area who serve the elderly. The SODA I & A also provides informational presentations in order to pass on important information to the elderly about the services available to them. The SODA I & A obtains pertinent information from the seniors who call in for services and this information is used for completing the Title III Intake form for entry into the AIM database.

The SODA AAA Team works hard to engage the communities in our PSA. From distributing pamphlets to local pharmacies and home health agencies to giving presentations at independent senior centers and board meetings, we are always looking to expand current partnerships and establish new ones. In FY2022, we were awarded a grant to expand our collaboration with MobileSmiles Oklahoma to bring dental care to two counties in our PSA. We also established a new partnership with the VSP Eyes of Hope program to provide eye care to our ten-county area.

Gaps in Services:

Atoka County – Nutrition Site Meals, Glasses/Hearing Aids, and Home Repairs

Bryan County – Nutrition Site Meals, Glasses/Hearing Aids, and Home Repairs

Carter County – Nutrition Site Meals, Healthy Activities for Seniors, and Dental Care/Dentures

Coal County – Nutrition Site Meals, Healthy Activities for Seniors, and Glasses/Hearing Aids

Garvin County – Nutrition Site Meals, Healthy Activities for Seniors, and Home Repairs

Johnston County – Nutrition Site Meals, Healthy Activities for Seniors, and Volunteer Opportunities

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Love County – Nutrition Site Meals, Healthy Activities for Seniors, and Family Caregiver Services

Marshall County – Nutrition Site Meals, Healthy Activities for Seniors, and Social Activities

Murray County – Nutrition Site Meals, Healthy Activities for Seniors, and Housework

Pontotoc County – Nutrition Site Meals, Healthy Activities for Seniors, and Housework

With this information about the gaps in services, we know which counties to promote and market the services most needed for that area. With our current project grantees, established partnerships and new partnerships, SODA AAA has the resources to address the gaps in services. However, there may not be adequate funding to resolve these gaps in services.

There are two Native American tribes in the SODA PSA: Chickasaw Nation & Choctaw Nation of Oklahoma. They offer Title VI services and non-title III services. Both tribes focus their commitment to their own individual tribe and services are offered to only those within each tribe. Communication efforts and coordination for diversification of senior services through (Title VI – tribal services and their non-Title III entities) is an ongoing process for SODA AAA.

### **Title VI Services offered by both the Chickasaw & Choctaw Nations to tribe members only.**

Title VI-C Services Offered – Chickasaw	Title VI-C Services Offered – Choctaw
Chickasaw Native American Caregiver Program	Choctaw Native American Caregiver Program
Chickasaw Nation Senior Centers	Choctaw Nation Senior Centers
	Choctaw Nutrition and Supportive Services Program
Non-Title III / VI Services Offered – Chickasaw	Non-Title III / VI Services Offered – Choctaw
Assisted Living Supplemental Benefit Program	Elder Advocacy
Burial Supplement & Assistance Program	Elderly – Disabled Emergency Services
Chickasaw Senior Golf Academy	Eyeglasses, Dentures & Hearing Aid Program
The Chickasaw Veterans Jacket Program	Farmers Market Nutrition Program for Seniors
Farmers' Market Program for Seniors	Food Distribution Program
Community Health Program	Healthy Aging Program
Elderly Energy Assistance Program	Low Income Home Energy Assistance Program
Foster Grandparent Program	Independent Elder Housing
Home Maintenance	
Itiapela-Medical Alert Program	
Over the Counter Medications Program	
Private Driveway Repair/Construction Program	
Senior Companion Services	
Supplemental Lawn Mowing Program	
Supplemental Wood Program	
Transportation Services Program	

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SERVICE	Listing of Services	Counties Available	Gaps in Services
<b>In-Home Services</b>	The Medicaid ADVantage Waiver program is available. A person must first qualify for Medicaid, prior to receiving ADVantage. This program assists elders and adults who have physical disabilities & provides a variety of in-home services to qualified low-income individuals. Services include: Adult Day Health Care; Case Management; DME; Home delivered Meals; Home Modification; Hospice; Personal Care; Occupational, Physical & Speech Therapy; Prescription Drugs & Respite. The goal of this program is to provide services which allow Medicaid eligible persons who need nursing facility level of care to remain at home while receiving necessary care.	Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, and Pontotoc	Some seniors are not eligible for the Medicaid Advantage waiver because of income.
<b>Accessible Medical Care</b>	Ten hospitals serve the ten-county PSA.  Also, the Veterans Administration has two Veterans Centers for Veterans use only Located in Ardmore & Sulphur, OK	Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, Pontotoc	Due to rural nature of the PSA accessible medical care services are limited. Shortage of skilled medical professionals and or clinics.
<b>Adult Day Care/ Respite Care</b>	Five of the ten counties in the PSA have adult day care facilities.	Bryan, Johnston, Pontotoc, Carter, Garvin	5 counties in the PSA are underserved and have no Adult Day Care/Respite Care facilities available: Atoka, Coal, Love, Marshall, and Murray.
<b>Adult Protective Services</b>	APS is available through the local Department of Human Services. A 24-hour toll free Adult Abuse Hotline is operated through OKDHS.	Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray and Pontotoc	Due to understaffing of RSVP and volunteers some of the elderly have no one to check on them.
<b>Title VI, Native American Services</b>	<u>Total of 12 - Title VI, Part A - Native American Nutrition Sites</u>  <u>Title VI, Part C – Native American Caregiver Support Services</u>	Atoka, Bryan, Coal, Carter, Garvin, Johnston, Marshall, Murray, and Pontotoc Counties	Title VI nutrition services and Title VI caregiver support services are only available to those in the community who are tribal members.
<b>Case Management Services</b>	Case management services including Medicaid waivers are provided on varying levels throughout each of the counties in the PSA.	Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray and Pontotoc	Shortage of staff very often translates into excessive caseloads for case management providers.
<b>Transportation Services for the Elderly and Disabled</b>	S.O.R.T.S. - Big Five Community Services, Inc.  Big Five Senior Medical Transportation - (Project Grantee)  Delta Public Transit.  CARPTS (Call-a-Ride Public Transit System). INCA  J.A.M.M. Transit  INCA – Senior Medical Transportation - (Project Grantee)	Bryan, Carter, Coal, Love.  Bryan, Carter, Coal, Love, Pontotoc.  Garvin  Pontotoc  Atoka, Johnston, Marshall, Murray, Garvin	Most transportation services are limited to Medicaid or Sooner Ride eligible persons and or Non-emergency Senior Medical Transportation.

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<b>SCSEP</b>	Experience Works – This is a Senior Community Service Employment Program (Community service & work-based job training program for older Americans)	Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, Pontotoc	Limited staff and lack of funding for all ten counties.
<b>Meals on Wheels or Mobile Meals Programs</b>	Bryan County RSVP, Durant INCA RSVP, Tishomingo	Bryan Atoka, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, & Pontotoc	Lack of volunteers and funding to serve all areas of the extremely rural parts of the counties.
<b>VA</b>	There are 2 Veterans Centers.	Carter & Murray	Not enough staff to provide the care that they need or assist residents with transportation and activities.
<b>Faith Based Entities</b>	Feeding Hope Hands of Hope Food bank Churches in the Community (Work with elders of churches for help with assistance to seniors with bills & medication.)	Bryan Atoka, Bryan, Coal, Johnston, Marshall	Limited volunteers for all 10 counties. Not all churches are able to help, those that do can only help with a few bills & some with medication and food.
<b>**Assisted Living</b>	There are 7 Assisted Living Centers in the ten-county PSA.	Bryan, Carter, Garvin, & Pontotoc	6 counties in the PSA are underserved and have no Assisted Living facilities available: Atoka, Coal, Johnston, Love, Marshall and Murray.
<b>Independent Senior enters</b>	There are approximately 80 Independent Senior Centers in the ten-county PSA. Some serve daily meals Mon-Fri each week; or 1-2 days each week. Some only serve once a month.	Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, and Pontotoc	Lack of volunteers and funding prevents some centers from being able to serve meals more than once or twice weekly and some only serve once monthly.

**\*\*Additional services available in PSA**

### **Long-term partnership development:**

SODA AAA will be working towards developing a closer relationship with the Chickasaw and Choctaw tribes for coordination of services. Members from both the Choctaw Nation and Chickasaw Nation serve on the SODA AAA Advisory Council. We are currently recruiting Advisory Council Members from organizations that aid the aging population to develop long-term partnerships and coordination of services.

### **Mental Health Partnerships:**

At this time, SODA AAA doesn't have any specific known partnerships with any Mental Health service in the PSA. The SODA AAA Information & Assistance Coordinator has a list of Mental Health Agencies/Organizations that she will provide to any client that calls for Information and Assistance. These are: Carl Albert Community Mental Health Center in Atoka County, Mental Health Services of Southern Oklahoma in Bryan & Carter County, Coal County Mental Health Department in Coal County, Mental Health Services of Southern Oklahoma in Garvin, Johnston, Love County, Southern Oklahoma Treatment Services in Marshall County, Southeastern Oklahoma Family Services in Murray County and Mental Health Services of Southern Oklahoma in Pontotoc County. SODA AAA does not make referrals to these agencies or give recommendations; they only give out phone numbers for the person to call.

### **Assistive Technology**

Assistive Technology needs are handled on a case-by-case basis. At this time, SODA AAA doesn't have any specific known partnerships with any Assistive Technology services within the PSA. The SODA Information & Assistance Coordinator has a list of agencies that assist with assistive technology needs. These are: Oklahoma Department of Rehabilitation, Oklahoma ABLE Tech, Medicare, Medicaid, and Veterans Administration. SODA AAA does not make referrals to these agencies or recommendations; they only give out phone numbers for the person to call.

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## LONG RANGE PLAN -

**Current direct services** provided by SODA AAA include the following: Information and Assistance Services for seniors.

**The Long-Term Care Ombudsman Program** advocates for Long Term Care residents, as permitted by each resident and with the LTC facility, to assist the resident to exercise his or her rights and make referrals to appropriate service providers, as needed and provides options counseling support to individuals who need assistance in seeking services and making person-centered decisions.

**Current OAA Title III services** sub-granted out to other providers in SODA AAA PSA includes the following:

### Nutrition Services Program

- ❖ Congregate Meals
- ❖ Home-Delivered Meals
- ❖ Nutrition Counseling
- ❖ Nutrition Education

### Supportive Services Program

- ❖ Outreach
- ❖ Chore
- ❖ Homemaker

### Disease Prevention and Health Promotion Services

- ❖ Tai-Chi Classes

### Transportation Program

- ❖ Senior Medical Transportation

### Legal Services Program

- ❖ Legal Assistance
- ❖ Legal Education

### Family Caregiver Support Program

- ❖ Family Caregiver Access Assistance
- ❖ Family Caregiver Counseling/Support and Referral
- ❖ Family Caregiver Respite
- ❖ Grandparents Raising Grandchildren Access Assistance
- ❖ Grandparents Raising Grandchildren Counseling/Support and Referral
- ❖ Grandparents Raising Grandchildren Respite

## Non-Title III services provided by SODA AAA:

- ❖ Community Expansion of Nutrition Assistance (CENA) Program - Provides reimbursement funding for Independent Senior Centers for the purchase of food, supplies, equipment, building insurance, payment of rent and utilities, repairs, and maintenance, funded through the Oklahoma Department of Commerce.
- ❖ Mobile Smiles program - Free dental assistance – funded by Oklahoma Dental Foundation and Delta Dental of Oklahoma Oral Health Foundation.
- ❖ Masonic Program – Services provided under this grant assist seniors 55 and up with gaps in services. The grant funding provides assistance with dental/dentures, eyeglasses, hearing aids, durable medical equipment, wheelchair ramps, minor home repairs, home modifications, utility assistance, emergency food and/or medication

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assistance, etc. – funded by the Masonic Charity Foundation.

- ❖ Medicare Program – Provides Assistance, Counseling and Enrollment with Medicare Plans and Medicare Part-D Prescription Drugs – funded by the Oklahoma Insurance Department MIPPA Grant.
- ❖ Medicare Fraud Program – Provides assistance to Medicare beneficiaries in the prevention, detection and reporting of health care fraud, errors, and abuse through outreach counseling and education presentations.
- ❖ VSP Eyes of Hope Program – Gift Certificates for no-cost eye care and prescription glasses.

Current Services: It is extremely important for all AAAs to continue to receive funding for these programs and the needed services they provide for our elderly. With the constant population growth of the aging community, there will only be a greater need for these services as we move forward.

SODA I&A will maintain a current list of the mental health providers and share that information with SODA AAA staff.

One major goal for SODA AAA is to create an awareness of the services provided in our PSA. According to our recent survey, 39% stated that they do not feel that senior citizens in our ten-county area are aware of the various services available to them. It is imperative to change our strategy. SODA AAA has recently started a Facebook page to post valuable aging information. We are also in the process of updating our Resource Book and brochures for publication and distribution. SODA AAA staff are getting back into the community with several health fairs and senior center visits scheduled. Staff are also working on creating a SODA AAA newsletter to disseminate to local civic and business organizations, as well as all senior centers, churches, hospitals, county health departments, and home health agencies.

The aging landscape has changed. With more baby boomers reaching the age of retirement, we are seeing that more people aged 65 and over are continuing to work.

Looking at the reported numbers for meals served at the nutrition sites, it appears that the request for home-delivered meals has decreased. The services provided by Legal Aid, Supportive Services, and the Caregiver Respite program have been able to stay within their budgets without creating any waiting lists. If the demand for services becomes more than the budgets can handle, it will be imperative for the AAA to receive increased federal and state funding in order to serve the growing number of older persons in PSA.

**SECTION IV DEMOGRAPHICS IN PLANNING AND SERVICE AREA NARRATIVE**

**Section I**

In compliance with the OAC Policy 340:105-10-38. SODA Area Agency on Aging targets older persons with the greatest economic and social needs, those residing in rural areas, persons of minority groups and persons with disabilities. All the ten counties that comprise the SODA AAA Planning and Service Area are designated as rural (as designated by Aloe in OAC 340:105-10- 3).

The SODA AAA planning and service area (PSA) consists of the following ten counties: **ATOKA, BRYAN, CARTER, COAL, GARVIN, JOHNSTON, LOVE, MARSHALL, MURRAY, and PONTOTOC COUNTIES.**

**Atoka County:** Atoka County is located northeast of Bryan County and the total area covers 990 square miles. The County seat is Atoka. The total County Population is 13,823. The County is named in honor of Choctaw Chief Atoka. Residents aged 60 and over make up 25.1% of the total population. This county is considered rural. The total population age 60+ is 3,479. The largest minority population 60+ is the Native American with 580 persons reported, followed by the African American 60+ with 73, and the Hispanic/Latino 60+ with 64. Individuals living in poverty age 60+ are reported at 470. The limited English proficiency 60+ reported is 10. The population of 60+ Grandparents raising Grandchildren is reported at 200. Individuals living alone 60+ are reported to be 1,010. There are a total of 580 Veterans 60+. The total “individuals with disabilities” for persons 60+ is 1,600. Based on data collected of persons served, the unserved older persons within this county are those with Limited English proficiency, and the underserved 60+ population are Hispanic, and Grandparents raising Grandchildren.

Websites: wikipedia.org and www.agid.acl.gov/datafiles. Source: OKN506

**Bryan County:** Bryan County is located in Southern, Oklahoma, it shares the “Red River” border line with Northern, Texas. The County seat is Durant. It is the only county in the U.S. named for Democratic politician “William Jennings Bryan.” The total area covers 944 square miles. Total population for this County is 46,457. Bryan County is the home to the Choctaw Nation of Oklahoma headquarters, located in Durant, OK. The Chickasaw tribe shares a portion of Bryan County on the western quarter. Residents aged 60 and over make up 23.4% of the total population. The county is considered rural. The total population age 60+ is 10,880. The largest minority population 60+ is the Native American with 1,700 persons reported, followed by the Hispanic/Latino 60+ with 263, the African American 60+ with 104, and the Asian 60+ with 8. Individuals living in poverty age 60+ are reported at 1,170. The limited English proficiency 60+ reported is 30. The population of 60+ Grandparents raising Grandchildren is reported at 415. Individuals living alone 60+ are reported to be 3,400. There are a total of 1,905 Veterans 60+. The total “Individuals with disabilities” for persons 60+ is 4,715. Based on data collected of persons served, the unserved older persons within this county are those with Limited English proficiency and the underserved 60+ population are Asian, African American, and Grandparents raising Grandchildren.

Websites: wikipedia.org and www.agid.acl.gov/datafiles. Source: OKN506

**Carter County:** Carter County is located northwest of Bryan County. The County seat is Ardmore. The County was named for Captain Ben W. Carter, a Cherokee who lived among



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the Chickasaw. The total area covers 834 square miles. The total population for this County is 48,319. Residents aged 60 and over make up 22.9% of the total population. The county is considered rural. The total population age 60+ is 11,068. The largest minority population 60+ is the Native American with 1,045, followed by the 60+ African American with 840 persons reported, the Hispanic/Latino 60+ with 352, and the Asian 60+ with 30. Individuals living in poverty age 60+ are reported at 1,430. The Limited English proficiency 60+ reported is 65. The population of 60+ Grandparents raising Grandchildren is reported at 345. Individuals living alone 60+ are reported to be 3,515. There are a total of 1,880 Veterans 60+. The total "Individuals with disabilities" for persons 60+ is 4,280. Based on data collected of persons served, the unserved older persons within this county are those with Limited English proficiency and the underserved 60+ population are Asian, Hispanic, and Grandparents raising Grandchildren.

Websites: [wikipedia.org](https://www.wikipedia.org) and [www.agid.acl.gov/datafiles](https://www.agid.acl.gov/datafiles). Source: OKN506

**Coal County:** Coal County is located northeast of Bryan County. The County seat is Coalgate. Coal County was formed at statehood from the former Shappaway County (later renamed Atoka County) of the Pushmataha District of the Choctaw Nation in Indian Territory. The total area is 521 square miles. Coal County is the fifth-smallest county in Oklahoma by area. The total population for this County is 5,581. Residents aged 60 and over make up 28% of the total population. The county is considered rural. The total population age 60+ is 1,567. The largest minority population 60+ is the Native American with 305 persons reported, followed by the Hispanic/Latino 60+ with 56, the African American 60+ with 4 reported as well as the Asian 60+ showing 4. Individuals living in poverty age 60+ are reported at 265. The Limited English proficiency 60+ reported is 0. The population of 60+ Grandparents raising Grandchildren is reported at 80. Individuals living alone 60+ are reported to be 579. There are a total of 284 Veterans 60+. The total "Individuals with disabilities" for persons 60+ is 745. Based on data collected of persons served, the unserved older persons within this county are Grandparents raising Grandchildren and the underserved 60+ population are Hispanic.

Websites: [wikipedia.org](https://www.wikipedia.org) and [www.agid.acl.gov/datafiles](https://www.agid.acl.gov/datafiles). Source: OKN506

**Garvin County:** Garvin County is located northwest of Bryan County in south-central Oklahoma. The County seat is Pauls Valley. The County was named for Samuel J. Garvin, a local Chickasaw rancher, merchant, and banker. The total area is 814 square miles. The total population for this County is 27,835. Residents aged 60 and over make up 24.6% of the total population. The county is considered rural. The total population age 60+ is 6,822. The largest minority population 60+ is the Native American with 665 persons reported, followed by the Hispanic/Latino 60+ with 237, closely after is the African American 60+ with 154, and the Asian 60+ with 4. Individuals living in poverty age 60+ are reported at 680. The Limited English proficiency 60+ reported is 14. The population of 60+ Grandparents raising Grandchildren is reported at 230. Individuals living alone 60+ are reported to be 2,160. There are a total of 1,070 Veterans 60+. The total "Individuals with disabilities" for persons 60+ is 2,415. Based on data collected of persons served, the unserved older persons within this county those with Limited English proficiency and Grandparents raising Grandchildren and the underserved 60+ population are Hispanic.

Websites: [wikipedia.org](https://www.wikipedia.org) and [www.agid.acl.gov/datafiles](https://www.agid.acl.gov/datafiles). Source: OKN506

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**Johnston County:** Johnston County is located northwest of Bryan County. It was established at statehood and named for Douglas H. Johnston, a governor of the Chickasaw Nation. The County seat is Tishomingo. The total area is 658 square miles. The total population for this county is 11,064. The total population age 60+ is 2,831. Residents aged 60 and over make up 25.6% of the total population. The county is considered rural. The largest minority population 60+ is the Native American with 495 persons reported, followed by the African American 60+ with 90, and the Hispanic/Latino 60+ with 54. Individuals living in poverty age 60+ are reported at 490. The Limited English proficiency 60+ reported is 10. The population of 60+ Grandparents raising Grandchildren is reported at 90. Individuals living alone 60+ are reported to be 1,110. There are a total of 505 Veterans 60+. The total “Individuals with disabilities” for persons 60+ is 1,305. Based on data collected of persons served, the unserved older persons within this county are those with Limited English proficiency and Hispanic and the underserved 60+ population are African American and Grandparents raising Grandchildren.

Websites: wikipedia.org and www.agid.acl.gov/datafiles. Source: OKN506

**Love County:** Love County is located west of Bryan County. The County was created at statehood and named for Overton Love, a prominent Chickasaw farmer, entrepreneur, and politician. The County seat is Marietta. The total area is 532 square miles. The total population for this county is 10,063. Residents aged 60 and over make up 25.7% of the total population. The county is considered rural. The total population age 60+ is 2,577. The largest minority population 60+ is the Native American with 235 persons reported, followed by the Hispanic/Latino 60+ with 171, the African American 60+ with 85, and the Asian 60+ with 25. Individuals living in poverty age 60+ are reported at 290. The Limited English proficiency 60+ reported is 75. The population of 60+ Grandparents raising Grandchildren is reported at 60. Individuals living alone 60+ are reported to be 639. There are a total of 420 Veterans 60+. The total “Individuals with disabilities” for persons 60+ is 1,000. Based on data collected of persons served, the unserved older persons within this county are Asian and those with Limited English proficiency and the underserved 60+ population are Hispanic and Grandparents raising Grandchildren.

Websites: wikipedia.org and www.agid.acl.gov/datafiles. Source: OKN506

**Marshall County:** Marshall County is located west of Bryan County on the south-central border of Oklahoma. The County seat is Madill. It was named to honor the maiden name of the mother of George Henshaw, a member of the 1906 Oklahoma Constitutional Convention. The total area is 427 square miles. Marshall County is the smallest county in Oklahoma by land area and the third smallest by total area. The total population for this county is 16,505. Residents aged 60 and over make up 28.8% of the total population. The county is considered rural. The total population age 60+ is 4,745. The largest minority population 60+ is the American Indian 60+ population with 615 followed by the Hispanic/Latino with 324 persons reported, the African American 60+ with 79, and the Asian 60+ with 19. Individuals living in poverty age 60+ are reported at 440. The limited English proficiency 60+ reported is 110. The population of 60+ Grandparents raising Grandchildren is reported at 150. Individuals living alone 60+ are reported to be 1,350. There are a total of 920 Veterans 60+. The total “Individuals with disabilities” for persons 60+ is 2,390. Based on data collected of persons served, the unserved older persons within this county are Asian population, those with Limited English proficiency, and Grandparents raising Grandchildren and the underserved

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60+ population are African American.

Websites: wikipedia.org and www.agid.acl.gov/datafiles. Source: OKN506

**Murray County:** Murray County is located northwest of Bryan County. The County seat is Sulphur. The County was named for William H. Murray, a member and president of the Oklahoma Constitutional Convention and later a Governor of Oklahoma. The total area is 425 square miles. Murray County is the third-smallest County in Oklahoma by land area and second- smallest by total area. The total population for this county is 13,946. Residents aged 60 and over make up 25.7% of the total population. The county is considered rural. The total population age 60+ is 3,583. The largest minority population 60+ is the Native American with 610 persons reported, followed by the Hispanic/Latino 60+ with 90, and the African American 60+ with 29. Individuals living in poverty age 60+ are reported at 435. The Limited English proficiency 60+ reported is 35. The population of 60+ Grandparents raising Grandchildren is reported at 125. Individuals living alone 60+ are reported to be 1,024. There are a total of 765 Veterans 60+. The total "Individuals with disabilities" for persons 60+ is 1,625. Based on data collected of persons served, the unserved older persons within this county are those with Limited English proficiency and Grandparents raising Grandchildren and the underserved 60+ population are African American and Hispanic.

Websites: wikipedia.org and www.agid.acl.gov/datafiles. Source: OKN506

**Pontotoc County:** Pontotoc County is located north of Bryan County. It was named for a historic Chickasaw tribal area in Mississippi. The County seat is Ada. The Chickasaw Nation's headquarters are in Ada. The total area is 725 square miles. The total population for this county is 38,355. Residents aged 60 and over make up 22.3% of the total population. The county is considered rural. The total population age 60+ is 8,590. The largest minority population 60+ is the Native American population with 1,355 persons, followed by the Hispanic/Latino 60+ with 231, the African American 60+ with 147, and the Asian 60+ with 30. Individuals living in poverty age 60+ are reported at 845. The Limited English proficiency 60+ reported is 85. The population of 60+ Grandparents raising Grandchildren is reported at 390. Individuals living alone 60+ are reported to be 2,319. There are a total of 1,385 Veterans 60+. The total "Individuals with disabilities" for persons 60+ is 3,255. Based on data collected of persons served, the unserved older persons within this county are Asian, those with Limited English proficiency, and Grandparents raising Grandchildren and the underserved 60+ population are Hispanic and African American.

Websites: wikipedia.org and www.agid.acl.gov/datafiles. Source: OKN506

### **Section II**

Methods used in all ten counties to satisfy the service needs of minority older individuals in the SODA PSA are as always, to assist those individuals with the quality service they deserve and with services they need most. Outreach will continue to reach out to the most economically targeted populations to ensure all who are in greatest need receive access to the services they need. I & A assistance, information distribution, community education and presentations, and health fair attendance are some of the ways we attempt to reach these individuals. SODA AAA has been successful in meeting the needs of most individuals who need the services we provide.

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The SODA AAA ten-county area is considered rural, therefore Staff alternate locations of the Advisory Council Meetings to increase accessibility to Members and guests. Literature is on hand at all events and presentations for staff to education people on services offered and complete paperwork for those desiring to apply for services. SODA AAA will focus more on information distribution to reach target populations through health fairs, senior center presentations, social media, and the SODA website. Staff will also work with the SODA Board of Directors to distribute information to cities and counties in our PSA.

## **Section V Public Input**

### **PROCESS AND PLANNING FOR AREA PLAN DEVELOPMENT**

Many hours of research, analysis, data collection and assessments go into the development of the Area Plan. Some of the ways SODA AAA addresses the needs of the seniors is through communication and public input during health fairs and other outings, visiting with seniors during outings and annual assessments and conducting satisfaction & needs assessments.

When preparing the SFY 2024-2026 Area Plan, SODA Area Agency on Aging uses various methods in order to identify priority needs in our ten-county public service area. These methods include needs assessment surveys; public hearings; CENA priority needs surveys.

The AAA Needs Assessments and surveys are distributed to Independent Senior Centers. These are included in the CENA applications every year. After receiving all applications back with surveys attached, the information is tallied up on a spreadsheet to determine the top priority needs at Nutrition/Senior centers in our ten-county public service area.

Efforts are made to ensure that senior's needs are being met with services they require. The AAA Needs Assessment helps give us a look at what particular needs or services the seniors in each individual County in the PSA need the most. AAA needs assessment surveys are distributed to Title III Nutrition sites, Independent Senior Centers, Advisory Council members, Board of Directors, and others in our ten-county public service area for completion. In addition to the paper survey, an electronic version in Microsoft Forms was also posted on our website, Facebook, and links emailed for completion. After receiving all the assessments back, they are tallied up on a spreadsheet and then ranked according to most priority need from most respondents; how many individuals from each county responded and what the needs were that they chose as a top priority, how many individuals were female or male respondents and the age of each individual. These assessment results help the AAA create a management plan of goals and objectives for what services we need to make our top focus and priority in providing to our seniors and where the services are needed the most.

### **IDENTIFIED PRIORITY NEEDS**

Part 1: Narrative:

Part of our responsibility as an AAA is to maintain a comprehensive understanding of the greatest unmet or under met needs of elders who reside in our PSA. This is accomplished through various channels. Some of these are: Indirect needs assessments through informal interviews by Information and Assistance Coordinator and other AAA staff; interaction with the elderly at health fairs, project service organizations, community events and civic groups; feedback from area Outreach workers; contacts made with seniors at nutrition sites; project grantees and provider agency surveys; CENA grant surveys and by administering our own "Consumer Needs Surveys" throughout our PSA. Focus will be on top surveyed priority needs from this survey.

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Summary of the Needs Assessment Survey Results and how SODA AAA will address the top ranking identified needs and services.

Needs Assessment Surveys were mailed out by the AAA Aging Specialist to all Title III Nutrition Sites, Site Managers, Independent Senior sites and contact persons, and other participants in related fields in the SODA PSA. A total of 539 surveys were returned. These Surveys are sent out annually to help provide us with an updated assessment of the current needs of the seniors in the SODA PSA.

In addition to the paper copies of the Consumer Needs Assessment Surveys, SODA AAA created a fillable Microsoft Form and posted it on our website, Facebook page and sent links by email to participants in the SODA PSA. A total of 23 surveys were completed.

SODA AAA and the project grantee providers of SODA AAA always place emphasis and great consideration on meeting the needs of all seniors in the PSA. The defining senior target groups are those: who have the greatest economic and/or social need; who are low-income individuals and/or low-income minority individuals; who have limited English speaking ability; who reside in rural areas; who are at risk of institutional placement; who are Native American; and who are disabled. By distributing the Needs Assessments in such diversity, we have the ability to reach more people with our PSA and the defined target groups.

After reviewing the findings of the need assessment, it was determined that it would be beneficial to actively reach out to the Senior Centers in order to provide them with the knowledge of the services offered by SODA AAA. These sites are not only a great place for a nutritious meal, but they are a gathering place for socialization, and a place to receive information of the resources and services in the PSA. Transportation to these sites is a factor in attendance. Without an increase in funding or locating additional funding, access to transportation will remain a barrier to the aging population in our PSA. However, Evidence Based Health Promotion services are increasing. The barrier to these classes is getting people to attend during a pandemic. The service provider and SODA are advertising both by flyer and social media. In the coming year, advertising will be expanded in the ten-county area and, hopefully, attendance will increase.

### **SFY 2022 - Top Four Priority Needs in the SODA AAA Ten County PSA**

- 1. Nutrition Site Meals – 91%**
- 2. Healthy Activities for Seniors – 55%**
- 3. Glasses/Hearing Aids – 53%**
- 4. Home Repairs – 48%**

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### IDENTIFIED PRIORITY NEEDS SFY 2022 Surveys by Top Priority Need by County

Rank	Priority Need	Atoka County	Bryan County	Carter County	Coal County	Garvin County	Johnston County	Love County	Marshall County	Murray County	Pontotoc County	Other Counties	Totals
1	Nutrition Site Meals	41	102	53	66	80	20	6	15	80	27		490
2	Healthy Activities for Seniors	22	47	33	42	57	10	6	9	56	15		297
3	Eyeglasses/Hearing Aids	28	73	31	37	49	8	1	5	41	10		283
4	Home Repairs/Weatherization	24	52	28	32	50	8	2	7	44	12		259
5	Chore &/or Homemaker Services	23	39	25	37	49	8	3	7	46	15		252
6	Dental/Dentures	24	50	32	36	42	9	1	5	39	8		246
7	Recreation/Socialization	25	41	29	27	46	8	5	10	37	11		239
8	Legal Assistance	19	46	27	30	44	8	2	2	34	7		219
9	Information & Assistance	17	40	25	23	44	7	3	7	39	9		214
10	Home-Delivered Meals	16	46	19	37	30	4	2	5	36	8		203
11	Home Health Care	17	29	23	23	35	7	0	3	42	11		190
12	Emergency Preparedness	17	32	20	19	40	9	2	4	34	12		189
13	Long-Term Care Options	19	32	12	19	42	6	2	2	37	9		180
14	Family Caregiver Services	19	28	17	13	43	3	5	4	35	10		177
15	Medicare/Medicaid Services	15	29	15	22	40	7	1	4	29	6		168
16	Legislative Voice for Seniors	20	31	19	15	35	6	0	2	29	7		164
15	Transportation	17	24	14	20	41	3	0	2	30	6		157
16	Volunteer Opportunities	16	30	12	11	31	10	0	3	28	11		152
17	Help to Buy Food	15	33	14	14	35	6	0	4	21	4		146
18	Senior Housing Options	12	25	14	17	33	7	0	4	25	5		142
19	Nutrition Counseling or Nutrition Education	14	20	15	23	29	4	2	2	27	5		141
20	Financial Problems	17	28	12	16	29	1	0	4	24	3		134
21	Mental Health Services	17	24	12	13	34	6	0	2	26	4		138
22	Relief for Caregivers	17	22	10	12	31	5	2	2	24	7		132
23	Adult Day Care	15	20	14	13	29	4	0	1	27	5		128
24	Information on Tax Preparation	13	24	13	6	29	5	1	1	18	5		115







## Section VI - PROGRAM CAPACITY

### EVALUATION OF CURRENT SERVICES

In compliance with the OAC Policy 340:105-10-33, SODA Area Agency on Aging has seven current projects receiving grants to provide Older American Act (OAA) services to the elderly in the PSA. Services included for SFY 2023: Congregate Meals, Home-Delivered Meals, Nutrition Education, Nutrition Counseling, Chore Services, Homemaker Services, Outreach, Evidence-Based Health Promotion, Transportation, Legal Assistance, Legal Education, Family Caregiver - Access Assistance, Respite, Counseling/Support/Referrals, and Grandparents raising Grandchildren - Access Assistance, Respite, Counseling/Support/Referrals. Evaluation of these services is made by analyzing the results of satisfaction surveys, priority needs surveys, participant surveys and during periodic correspondence with each project and during project assessments.

**Current Project Grantees for SFY 2023 are as follows:**

#### **Family Caregiver Support Program (FCSP):**

*1. Big Five Family Caregiver Support Program (FCSP) – Non-Profit entity OAA Title III Service Provider – (Began 2001 – 2023) – 22 years*

Status of Contract: SFY 2023 1 Year of 1 Year Contract is signed and provider is in compliance.

**Access Assistance/Access Assistance GRG** – During SFY 2022, forty-seven (47) surveys were distributed, and eight (8) surveys were received. Surveys show that 100% of participants would refer others to the program. When asked if the program met their needs, 100% said “Yes”. Participants were asked if they were overall satisfied with the assistance they received, 88% Strongly Agree and 12% Agree. From comments made by the participants: It went well and wonderful.

**Respite/Grandparent Respite** – During SFY 2022, thirty-nine (39) surveys were distributed and nine (9) were received. Surveys received show that 100% are overall satisfied with the respite vouchers. Participants were asked if the length of time between request for vouchers and receiving vouchers was reasonable, 33% Strongly Agree, while 67% Agree. From comments made by participants: Thank you, we are thankful for this company, and my caregiver helps showing me how to fix things around my house.

**Counseling/Counseling GRG** – During SFY 2022, zero surveys were distributed because no services were provided.

#### **Outreach/Chore/Homemaker:**

*2. Big Five Supportive Services Program – Non-Profit entity OAA Title III Service Provider – (Began 2015 - 2023) – 8 years*

Status of Contract - SFY 2023 1 Year of 1 Year Contract is signed and provider is in compliance. Current Services provided in SFY 2023 are: Outreach, Chore, Homemaker.

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**Outreach Services** – During SFY 2022, one hundred ninety-three (193) surveys were distributed, and eighteen (18) surveys were received. When participants were asked about the Outreach workers visit with them: 100% Agree they felt comfortable talking with the outreach worker. In response to the question if the Outreach worker was courteous & understanding of their needs, 100% Agreed. Responses from participants on if the Outreach worker was knowledgeable about issues facing older adults, 100% Agreed. Participants were also asked how satisfied they were if questions were answered in a simple and timely manner, 83% were “Very Satisfied” and 17% were “Satisfied”. Responses from participants for how satisfied they were regarding the in-home interview showed 83% were “Very Satisfied” and 17% were “Satisfied”. Participants were asked how satisfied they were with the customer service of the staff member who visited their home, 83% were “Very Satisfied”, 11% were “Satisfied” and 6% did not specify. Participants overall satisfaction with the Outreach Workers assistance showed 100% were satisfied.

**Chore Services** – During SFY 2022, twenty-five (25) surveys were distributed, and two (2) surveys were received. Participants were asked if their chore worker arrived on time, 100% said “Always”. When asked if their chore worker completed all items on the service plan 100% said “Always”. For how important is chore service to help you remain safely in your home? 100% said “Very”.

**Homemaker Services** – During SFY 2022, sixty-nine (69) surveys were distributed and four (4) surveys were received. Participants were asked if the quality of homemaker work done was satisfactory, 100% said “Always”. When asked if their homemaker worker completed all items on the service plan 100% said “Always”. For how important is the homemaker service to help you remain safely in your home? 100% said “Very”.

### **Evidence Based Health Promotion:**

*3. Big Five Health Promotion – Non-Profit entity OAA Title III Service Provider – (Began 2015 - 2023) – 8 years*

Status of Contract - SFY 2023 1 Year of 1 Year Contract is signed and provider is in compliance. Current Services that are provided in SFY 2023 are: Evidence-based “Tai Chi Classes”

**Evidence-Based Health Promotion Services – Tai Chi Classes** – During SFY 2022, twenty (20) surveys were distributed, and eleven (11) surveys were received. Of the completed surveys received, 100% said that the instructor was patient in teaching the movements; 100% said that the instructor was responsive to their questions during the class; when asked if they were satisfied with the class, 70% said Excellent and 30% said Very Good. 100% said they would recommend this class to other seniors.

### **Transportation:**

*4. Big Five Senior Medical Transportation – Non-Profit entity OAA Title III Service Provider – (Began 2015 - 2023) – 8 years*

Status of Contract - SFY 2023 1 Year of 1 Year Contract is signed and provider is in compliance. Services that are provided in SFY 2023 are: Senior Medical Transportation. For

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SFY 2023 Counties served by Big Five Transportation are Bryan, Carter, Coal, Love and Pontotoc.

**Transportation Program** – During SFY 2022, sixty (60) surveys were distributed, and zero surveys were received.

5. *INCA Community Services – JAMM Transit – Non-Profit entity OAA Title III Service Provider* – (Began 1979 – 2023) – 44 years  
Status of Contract - SFY 2023 1 Year of 1 Year Contract is signed and provider is in compliance. Services that are provided in SFY 2023 are: Senior Medical Transportation. For SFY 2023 Counties served by JAMM Transit are Atoka, Garvin, Johnston, Marshall, and Murray.

**Transportation Program** – During SFY 2022, thirty-seven (37) surveys were distributed, and twenty-six (26) surveys were received. Participants have been using the transportation services “Less than 1 year” - 35%, “1 to 3 years” - 35%, “4 to 5 years” – 15%, and “More than 5 years” – 15%. Participants rated their overall experience with the transportation service for “The drivers are polite” as 62% “Always” and 38% “Sometimes”; “The vehicles are easy to get into & out of” - 58% said “Always”, 35% said “Sometimes”, and 3% said “Never”; “We arrive at our destinations timely” - 62% said “Always” and 35% said “Sometimes”. Using the service allowed 69% of the participants to get out of their home more than before; and 50% of the participants said it allowed them to continue to live at home. Participants overall satisfaction rating of the program show that 38% rate it as “Excellent”, 57% “Good”, and 3% “Poor”.

### **Legal Services:**

6. *Legal Aid Services of Oklahoma, Inc. (LASO) – Non-Profit entity OAA Title III Service Provider* – (Began 1979 – 2023) – 44 years.  
Status of Contract - SFY 2023 1 Year of 1 Year Contract is signed and provider is in compliance. Services that are provided in SFY 2023 are: Legal Assistance and Legal Education

**Legal Assistance** – During SFY 2022, fifty-eight (58) surveys were distributed, and two (2) surveys were received. Of the (2) completed surveys received, 100% were “Very Satisfied” with the quality of service and had no comments regarding any improvements in services needed. Survey results for “How likely are you to recommend these services?” 100% said “Very Likely”.

### **Nutrition:**

7. *Southern Oklahoma Nutrition Program (SONP) – Non-Profit entity OAA Title III Service Provider* – (Began 1974 – 2023) – 49 years  
Status of Contract - SFY 2023 1 Year of 1 Year Contract is signed and provider is in compliance. Services that are provided in SFY 2023 are: Congregate Meals, Nutrition Education, Nutrition Counseling and Home Delivered Meals

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**Congregate Meal** – During SFY 2022, two hundred and one (201) surveys were distributed, and one hundred forty-six (146) surveys were received. Of the surveys received, 58% of participants rate the programs as “Excellent”; 41% “Good”; and 1% “Poor”. When asked “How long have you been attending the meal program?” 32% said “1 to 3 years”; 18% said “4 to 5 years”, 14% said “Less than 1 year”, and 36% said “More than 5 years”. Of the participants asked if there are times when they’ve had no way to get to meal site?” 77% said “No” and 23% said “Yes”. Responses for “How often are you satisfied with the way the food tastes?” 71% said “Always” and 29% said “Sometimes”. For “How often are you satisfied that hot foods are hot and cold foods are cold?” 85% said “Always” and 15% said “Sometimes”. Participants said that 99% of the time the nutrition site staff treated them respectfully and 1% said “Sometimes”. When asked “Do services received at the meal program help you to “Eat healthier?” 90% said “Yes”, 6% said “No”, and 4% said “Not sure”. 97% said they would recommend the meal program to a friend and 3% said “Not sure”. Survey results for “Has the meal program helped you?” 94% said “Yes”, and 6% said “Not sure”.

**Nutrition Counseling** – During SFY 2022, eight (8) surveys were distributed, and eight (8) surveys were received. 80% said “Yes” the nutrition counseling was helpful and 20% said they were “Not sure”. Participants who said, “Yes” the information provided was understandable were 90% and 10% were “Not sure”. For whether or not they used the information to change their lifestyle and/or habits, 90% said, “Yes” and 10% said “Not sure”. Participants who said the Dietitian was courteous and understanding of their needs: 100% “Agree”. Participants who said the Dietitian was knowledgeable about their nutritional needs: 100% “Agree”. Participants who would recommend the service to someone else were: 100% “Yes”.

**Nutrition Education** – During SFY 2022, seventy-one (71) surveys were distributed, and sixty-six (66) surveys were received. 68% said the nutrition education us “Always” helpful to them; 30% said “Sometimes” it’s helpful; and 2% said it is “Never” helpful. Participants said the materials received are 82% “Always” understandable and 18% “Sometimes” understandable. For whether or not they used the information to change their lifestyle and/or habits, 27% said, “Always”; 67% said “Sometimes”; and 6% said “Never”.

**8. PurFoods, LLC dba Mom’s Meals – For-Profit entity OAA Title III Service Provider – (Began 2020 – 2022) – 2 years**  
Status of Contract – PurFoods, LLC dba Mom’s Meals does not have the contract for SFY 2023

**Home-Delivered Meal** – During SFY 2022, four hundred thirty-six (436) surveys were distributed, and one hundred and two (102) surveys were received. When asked “How long have you been attending the meal program?” 33% said “Less than 1 year” 57% said “1 to 3 years”, 3% said “4 to 5 years” and 4% said “More than 5 years”. Survey results regarding “How often are you satisfied with the way the food tastes?” 56% said “Always”, 44% said “Sometimes”, 2% said “Never. For “How often are you satisfied with the variety of the foods” 44% said “Always”, 32% said “Sometimes”, 7% said “Never”. Survey responses show that 52% are “Always” satisfied that hot foods are hot and cold foods are cold, 14% said “Sometimes” and 10% said “Never”. Participants were asked “Do the meals arrive when

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expected?": 74% said "Always", 16% said "Sometimes" and 2% said "Never". When asked if they thought the home-delivered meals program helped them eat healthier foods? 83% said "Yes", 5% said "No" and 12% said "Not sure". Participants were asked if they thought the home-delivered meals program helped them to continue to live at home, 89% said "Yes", 5% said "No", 4% said "Not sure". When asked if they would you recommend the meal program to a friend, 87% said "Yes", 7% said "No", and 6% said "Not sure". Participants rated the overall program as 50% "Excellent"; 45% "Good"; and 5% "Poor".

## QUALITY ASSURANCE

**Big Five Family Caregiver (FCSP):** The Family Caregiver Program is running smoothly. No findings were noted during any of their quarterly assessments. The Director and Coordinator of the program provided project assessment documentation in detail for each assessment conducted for the 1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> quarters.

Efforts made by Big Five to reach low-income and/or minority person is done by advertising on the radio station located in Durant, OK and by distributing brochures at nutrition sites, home health agencies and hospitals and by attending Health fairs in the community.

Survey responses have been very positive. Comments were extremely positive. Overall satisfaction of services has been at 100%. There were no negative survey service comments.

What Big Five FCSP does best is that they have a very productive access assistance and respite service helping caregivers and grandparents caring for grandchildren. Big Five Caregiver staff is very personable and caring when talking and addressing the needs of their senior caregiver participants. Service needs are handled with utmost speed by immediate scheduling of in-home intake and assessments with participants so as to provide and fulfill all service needs for any referrals they may have as well.

Big Five FCSP goal of 500 units of service (UoS) was not met with only providing 38 units for Caregiver Access Assistance. The goal of 250 unduplicated persons served (UPS) was not met by serving 38 participants.

The Caregiver Respite goal of 5,000 units of service (UoS) was not met with 2,491 provided. The goal of 85 unduplicated persons served (UPS) was not met however, with only 31 participants served.

Big Five FCSP did not exceed the goal of 50 units of service (UoS) providing 44 units for Grandparent Raising Grandchildren Access Assistance. They also did not exceed the goal of 21 unduplicated persons served (UPS) by serving 9 participants.

The Counseling/Support Group goal of 35 units of service (UoS) was not exceeded by providing 0 units. The goal of 35 unduplicated persons served (UPS) was not met with 0 participants served.

The Grandparent Raising Grandchildren Respite goal of 1,000 units of service (UoS) was not exceeded with 687 provided. The goal of 10 unduplicated persons served (UPS) was also not exceeded with 8 participants served.

According to Big Five, the biggest barrier to services in SFY 2022 was primarily the pandemic. For SFY 2023, Big Five will be participating in more in-person marketing opportunities and face-to-face meetings.

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**Big Five Health Promotions:** The Health Promotions Program is running smoothly. No findings were noted during quarterly assessments. The Director and Coordinator of the program provided project assessment documentation in detail for each assessment conducted for the 1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> quarters.

Efforts made by Big Five to reach low-income and/or minority person is done by advertising in local newspapers and distributing brochures at low-income housing apartments, nutrition sites, home health agencies and hospitals and by attending Health fairs in the community.

Survey responses have been very positive. Overall satisfaction of services has been at 100%. There were no negative survey service comments.

The Tai Chi classes have been a good decision made for the Health Promotions program.

Big Five Health Promotions exceeded the goal of 120 units of service (UoS) providing 270 units. They did not exceed the goal of 120 unduplicated persons served (UPS) by serving 39 participants.

**Big Five Outreach/Chore/Homemaker:** The Supportive Services Program is running smoothly. No findings were noted during any of their quarterly assessments. The Director and Coordinator of the program provided project assessment documentation in detail for each assessment conducted for the 1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> quarters.

Efforts made by Big Five to reach low-income and/or minority person is done by advertising on the radio station located in Durant, OK and by distributing brochures at low-income elder housing complexes, health departments, nutrition sites, home health agencies, adult day centers and hospitals. Promotional presentations are also provided by the Program Director.

Survey responses and comments made were extremely positive. Overall, the majority were satisfied with services. There were no negative survey service comments.

Big Five has a very productive outreach, chore & homemaker service. The outreach service completes assessments to determine what services are needed. The chore and homemaker services help seniors with areas such as yard work with lawn and sidewalk maintenance to housework with dusting, vacuuming, mopping, laundry, making beds, preparing meals and cleaning kitchens and bathrooms.

Big Five Outreach services did not exceed the goal of 510 units of service (UoS) providing 484 units for "Chore" services. They did exceed the goal of 34 unduplicated persons served (UPS) by serving 36 participants.

The "Homemaker" service goal of 1,512 units of service (UoS) was exceeded by providing 2,066 units. The goal of 65 unduplicated persons served (UPS) was also met with 68 participants served.



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The “Outreach” service goal of 650 units of service (UoS) was not exceeded with 346 provided units. Outreach did not meet the goal of 425 unduplicated persons served (UPS), 345 participants served.

According to Big Five, the biggest barrier to services for SFY 2022 was the pandemic. In SFY 2023, there will be more face-to-face meetings and assessments and more in-person marketing of the services provided.

**Big Five Senior Medical Transportation:** The Senior Medical Transportation Program is running smoothly. No findings were noted during any of their quarterly assessments. The Director and Coordinator of the program provided project assessment documentation in detail for each assessment conducted for the 1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> quarters. All drivers are trained extensively on safety.

Efforts made by Big Five to reach low-income and/or minority person is done by attending turning point coalition meetings, posting on website, newspapers, and other social media and by distributing brochures at nutrition sites, home health agencies and hospitals in the 10 counties of the SODA AAA PSA.

There were no survey responses received although sixty (60) surveys were sent out for SFY 2022. SODA AAA staff will work with Big Five to implement a plan to increase the survey responses for SFY 2023.

Big Five Senior Medical Transportation has a very productive transportation service helping seniors with non-emergency senior medical transportation to doctor appointments, dialysis, chemo treatments, etc. in the counties of Bryan, Carter, Coal, Love and Pontotoc. Big 5 Transportation uses a website called Charity Tracker which is a referral and resource directory for health care organizations, etc. to help connect with churches and social service agencies in the community.

Big Five Senior Medical Transportation services exceeded the goal of 150 units of service (UoS) providing 1,176 units. They also exceeded the goal of 10 unduplicated persons served (UPS) by serving 59 participants.

**INCA Senior Medical Transportation:** The Senior Medical Transportation Program is running smoothly. No findings were noted during any of their quarterly assessments. The Director of the program provided project assessment documentation in detail for each assessment conducted for the 1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> quarters. All drivers are trained extensively on safety.

Efforts made by INCA to reach low-income and/or minority person is done by continually seeking senior citizens who are most vulnerable through distribution of brochures at home health agencies, health departments, nutrition sites,

Survey responses and comments made were overall positive. The majority were satisfied with services. SODA AAA staff will work with INCA on an improvement plan based on survey responses.

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INCA Senior Medical Transportation has a very productive transportation service helping seniors with non-emergency senior medical transportation to doctor appointments, dialysis, chemo treatments, etc. in the counties of Atoka, Johnston, Garvin, Marshall, and Murray.

INCA Senior Medical Transportation services exceeded the goal of 1,500 units of service (UoS) providing 1,626 units. The unduplicated persons served (UPS) goal of 50 was exceeded with 81 participants served.

**Legal Aid Services:** No findings were noted during any of their quarterly assessments.

Legal Aid targets all areas required within the Title III program. They pursue their goals and work to achieve the desired outcome by speaking at nutrition sites, going to health fairs and various other organizations.

Survey responses and comments made were all positive. Overall, the majority were satisfied with services. There were no negative survey service comments.

Clients who contact the LASO through senior centers or nutrition site get to speak with a representative on the spot or they can make an appointment to meet later. If they call from a senior center or site, basic information is obtained, and the appointment is schedule for time most convenient for all. LASO provides both legal aid assistance and education.

Legal Aid Services for assistance did not exceed the goal of 550 units of service (UoS) providing 549 units. Legal Aid does not show a goal for unduplicated persons in SFY 2022.

Legal Aid Services for community education did not meet the goal of 14 units of service (UoS) providing only 10 units. Legal Aid does not show a goal for unduplicated persons to be served in SFY 2022. Community education could not be scheduled during part of SFY 2022 because meals sites being closed due to the pandemic. For SFY 2023, more community education presentations will be scheduled.

**Southern Oklahoma Nutrition Program:** The Congregate Meal Program is running smoothly. No findings were noted during any of their quarterly assessments. The Director of the program provided project assessment documentation in detail for each assessment conducted for the 1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> quarters.

SONP has reached out to area churches; by distribution of the SONP brochure showing information about the meal program; articles are placed in the area newspapers; coordination with other agencies providing services to seniors; advertisement on Facebook and has communicated with the Indian Tribe meal sites.

Survey responses and comments made were all positive. Overall, the majority were satisfied with services.

Southern Oklahoma Nutrition Program has a very productive meal service providing needed meals to eligible congregate seniors. Most site managers and staff at the sites care about

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the participants attending the sites and will go out of their way to see that they are served a good meal. Seniors have commented that they love the sites that they attend, and the meals provided. Many seniors like their site manager and like having a place to go for a meal and to visit with others. Most all seniors have expressed their concerns if their particular site were to close.

SONP exceeded the goal of 76,675 units of service (UoS) providing 82,261 units for "Congregate Meals". They exceeded the goal of 357 unduplicated persons served (UPS) by serving 1,430 participants.

The Nutrition Counseling goal of 25 units of service (UoS) was not met with only 9 units provided. The goal of 25 unduplicated persons served (UPS) was not met with only 8 participants served.

SONP exceeded the goal of 168 units of service (UoS) providing 297 units for "Nutrition Education". The goal of 337 unduplicated persons served (UPS) was not met with 297 participants served.

**PurFoods, LLC dba Mom's Meals:** The Home Delivered Meal Program is running smoothly. No findings were noted during any of their quarterly assessments. The Coordinator of the program provided project assessment documentation in detail for each assessment conducted for the 1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> quarters.

PurFoods, LLC has coordinated with other agencies providing services to seniors, advertisement on Facebook and website.

Survey responses and comments made were all positive. Overall, the majority were satisfied with services.

PurFoods, LLC has a very productive meal service providing needed meals to eligible seniors. They are very responsive and communicate regularly.

The Home Delivered Meal goal of 99,935 units of service (UoS) was not met with only 79,419 units provided. The goal of 382 unduplicated persons served (UPS) was exceeded with 511 participants served. During SFY 2022, it was harder to market the program due to the pandemic. In SFY 2023, the provider for the Home Delivered Meal Program has changed and the new provider will be participating in more marketing opportunities for this program.

All projects do a good job serving the aging population in the SODA AAA PSA. However, improvements could be made in reaching the targeted population. Offering brochures and flyers in multiple languages would be one option to reach the LEP population. There could also be improvements in the advertising of services offered. With the increased use of social media, all projects have the option to use this platform in advertising services. SODA AAA would like to see better survey distribution and return. Whether that means sending out reminders to complete surveys or offering assistance to complete surveys on-site, it would be beneficial to have more surveys received.

**SERVICE DELIVERY NARRATIVE**

**Title III – Direct Services provided by SODA AAA in SFY 2023 in all ten counties covered.**

**SODA Information and Assistance** is provided as a direct service through SODA Area Agency on Aging. SODA has one I&A Coordinator who will be working towards the Community Resource Specialist Certification in SFY 2024. The I&A Coordinator is the primary contact point for all aging information and the representative of SODA AAA at health fairs and other public functions for disseminating information of services. The I&A monitors the Senior Information Line and coordinates services with other entities; makes referrals as needed to the appropriate providers for services requested; completes a Registration/Intake form on consumers who call or come into the office for assistance; maintains contacts with the public, including resource agencies webcasts/webinars; enters consumer information data in the computer using the Automated Information Manager System (AIMS) for the purpose of reporting to NAPIS.

The Information and Assistance goal of 1,500 units of service (UoS) was exceeded with 2,105 units provided. The goal of 650 unduplicated persons served (UPS) was exceeded with 1,016 participants served.

**Long-Term Care Ombudsman Program** is provided as a direct service through SODA Area Agency on Aging. Currently, there are three Ombudsman Supervisors that are responsible for advocating on behalf of residents in long-term care facilities. Long-term care facilities include: nursing homes, residential care facilities, assisted living centers and Veterans' centers. There are currently 30 LTC facilities that the Ombudsman Supervisors are currently responsible for within the SODA PSA. Responsibility of the facility visits include: checking on residents to ensure proper care is being received and facility staff are following and maintaining policy and procedures required by the Oklahoma State Department of Health along with Federal laws and regulations. The LTC Ombudsman Supervisor investigates complaints that are from residents, family, friends and even staff of the facilities, but only on the behalf of the residents. LTC Ombudsmen receive ongoing training provided by the State LTC Ombudsman Program. Currently there are also 8 assisted living facilities in the SODA AAA PSA.

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## SCOPE OF WORK JUSTIFICATION I&A Direct Service

### Information and Assistance Scope of Work SFY 2024 Projections

1. SERVICE AREA INCLUDES THE FOLLOWING COUNTIES: Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, and Pontotoc			
II. NAME OF SERVICE (Information & Assistance):			
III.	(A) \$ Unit Cost	(B) \$ Total Funding	(D) Unduplicated Persons Served
	\$20.71	\$31,068	650
		(C) # Units	
		1,500	
A. Show Unit Cost Computation and Methodology. <b>(B) Total Funding / (C) Total Units = (A) Unit Cost</b>			
B. Show the breakdown of Total Funding for the service. Title III-B Access funding \$31,068			
C. Enter the projected number of units to be provided: 1,500			
D. Enter the projected number of unduplicated persons served (UPS): 650			
ACTIVITIES TO MEET THE SCOPE OF WORK:			
1. I&A assists via the Senior information Line individuals 60 and over and individuals disabled with services, information, education, resources and referrals to help them maintain their independence in the community and at home.			
2. I&A assists individuals one-on-one 60+ with Medicare Part A through Part D. Includes Part D counseling and enrollment			
3. I&A participates in community education events and community health fairs, senior centers, and Title III Nutrition sites.			
4. I&A must be AIRS certified and provide long-term options counseling.			
5. I&A enters information on units and persons served in AIM data base.			
6. I&A distributes satisfaction survey at least once per grant year to assure quality services are provided and needs are being met.			

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### FEDERALLY REQUIRED FOCUS AREAS (TARGET POPULATIONS) [State Policy OAC 340:105-10-38](#),

#### FOCUS AREAS – Target Populations

SODA AAA and projects target the 60 and over populations who are in the greatest economic and social need; low-income; minorities; reside in rural areas. Other attributes looked at are those living alone; disabled or at risk for institutional placement. SODA AAA and our Projects target these populations to provide supportive services to those in need.

#### OUTREACH

Outreach workers strive to reach all low income, minority people in each community through networking closely with Tribal and other groups, keeping agencies informed about services offered, attending Senior centers, and informing Seniors of activities and resources in their communities. Staff attended in-service training through Big Five as well as AIM and Masonic Charity Grant training provided by SODA AAA Staff.

Outreach also reaches the target aging population by the distribution of brochures to Nutrition Sites, Senior Centers, Home Health Agencies, Hospitals, DHS and Health Departments, Attending Health Fairs, and the Magnolia Festival in Durant. The AIM referral reports are checked daily for new referrals. Contact is made immediately to client and arrangements are made for an in-home visit and assessment of the client's needs. Detailed information notes are made in the other notes section in AIM.

Gaps in services are not tracked by Outreach, but the Outreach workers are familiar with the services a county and/or city has for their clients. For SFY 2024, Outreach will begin tracking gaps in services. These will be reviewed with the quarterly assessments.

When Outreach receives a referral, the Outreach Coordinator checks on AIM to see if the person already has an AIM client ID number, if they do not have a client ID number, they are considered a new client and after the in-home assessment, their information is entered into AIM and they are given a Client ID number. After Outreach receives a referral, they call the client to set up the in-home assessment. During the assessment, the Outreach worker discusses the needs of the client and makes recommendations or referrals to other businesses/organizations. If the referral was received through AIM, the Outreach coordinator verifies that it has been completed.

In SFY 2022, there were 236 clients in target populations served in the ten-county area. The target populations were individuals living alone 69, clients below poverty 52, individuals residing in rural/isolates areas 108, Native American 4, and African American 3.

The number of referrals in SFY 2022 for Title III participants was 282. When there are not any Title III services available for the client's needs, Outreach will refer local organizations such as churches, clothes closets, RSVP, food pantries, or services that are specific to that area. While we do not have numbers on the referrals given to these organizations, the Outreach Workers keep a list of available resources in the PSA.

### CAREGIVER / GRANDPARENTS

Big Five FCSP works diligently to serve all target populations in the ten-county SODA AAA PSA. Although the number of caregivers does seem to be increasing, there is no documentation to support that at this time. Big Five works hard to reach the target populations by promoting their services during health fairs, presentations, and distributing their brochures at places where seniors congregate. Big Five staff is working to increase marketing in all ten-counties for the coming year.

Both the Choctaw and Chickasaw Nations offer a caregiver program to their members in the PSA. Big Five verifies with other agencies to assure non-duplication of services.

### ELDER JUSTICE

SODA AAA is very much aware that many older adults fall victim to elder abuse and mistreatment every year. Elder abuse can be anything from physical, verbal, emotional, sexual, financial, as well as just pure neglect and abandonment. Sadly, many cases go unreported. As the aging population increases, so does the problem.

The best practices for responding to elder abuse, neglect, and exploitation in long-term care facilities through the Administration on Aging is to contact Adult Protective Services immediately. SODA AAA also has three Ombudsman Supervisors who advocate for the elderly in long-term care facilities and these Ombudsmen are provided the organizational support to fulfill their duties for advocating for nursing home residents and providing awareness of elder justice. The Ombudsman coordinates with Adult Protective Services to identify, investigate and resolve situations of abuse and neglect in long-term care settings, and to provide education to prevent such situations from occurring in the first place.

Our Ombudsman Supervisors conduct in-service trainings to nursing home facilities and providers in the SODA AAA PSA regarding resident's rights and elder justice.

### New Federally Required Focus Areas

The recovery from the COVID-19 pandemic is ongoing. While we are slowly seeing nutrition centers open back up for inside dining, the majority of the aging population would still prefer drive-thru unsure about gathering back together. SODA AAA Staff are keeping in contact with centers and watching the case numbers preparing if the situation warrants changing back to drive-thru only. All of our providers have plans in place to adapt their services should the need arise.

The largest factor in this recovery is the effect on services for the aging population. To date, the majority of providers have seen lower numbers of unduplicated persons served. Isolation has prevented many in-person activities such as presentations at nutrition centers and health fairs. SODA AAA and our providers are finding new ways to reach the aging population with information about services offered. Social media has become a marketing tool to promote information. The COVID-19 situation is ever evolving so our strategies and techniques have to evolve with it as well.

SODA AAA have partnered with local home health agencies, medical facilities, health departments, and pharmacies to expand access to services. Through the pandemic, these facilities are reaching people that our staff may otherwise not come into contact with. Having the SODA AAA information through brochures and resource guides available at these facilities increases the likelihood of referrals when a need arises.

Rosalynn Carter once said, “there are only four kinds of people in the world- those who have been caregivers, those who are currently caregivers, those who will be caregivers and those who will need caregivers.”

[https://www.cartercenter.org/news/editorials\\_speeches/rosalynn-carter-committee-on-aging-testimony.html](https://www.cartercenter.org/news/editorials_speeches/rosalynn-carter-committee-on-aging-testimony.html) The value we place on caregiving is critical especially as we recover from the pandemic. During the height of the COVID-19 pandemic, caregivers were hit hard, not being able to find respite workers or not wanting to allow other individuals into their homes, they assumed the caregiving role without help. As we slowly work back into a new normal, we need to understand the weight placed on the caregiver and offer the support needed. As we enter into SFY 2024, the National Family Caregiver Program will be participating in more in-person marketing opportunities and having face-to-face meetings. SODA AAA Staff will work with our provider to analyze the program and see where improvements might be instituted.

One goal through recovery was to open the nutrition centers for social gatherings. Isolating our aging population is unhealthy. According to the National Council on Aging, social isolation increases risk for depression, cognitive decline, and dementia, and directly influences medication/treatment adherence, blood pressure, immune functioning and inflammation, as well as the ability to conduct activities of daily living (ADL). <https://www.ncoa.org/article/covid-driven-isolation-can-be-dangerous-for-older-adults> It is important to have socialization and activities for the aging. Nutrition centers provide not only a hot, balanced meal, but a place to gather, to tell stories, to play games, that most seniors would not get otherwise. With the rising inflation and cost of food, nutrition centers are vital to the elderly.

SODA AAA believes in fair treatment, opportunity and advancement for the aging while striving to identify and eliminate barriers to such. In SFY 2024, we will review projects and services to evaluate effectiveness and adapt strategies to advance equities. We will also look for ways to eliminate barriers through new and existing partnerships and programs.



**SECTION VII APPENDICES**

**AREA PLAN APPENDICES**

Appendix 1 Organizational structure

Appendix 2 AAA Organizational Chart, ADV (Advisory Council), BOD (Board of Directors)

Appendix 3 Demographics of Older Person in PSA

Appendix 4 Current Poverty Guidelines

Appendix 5 Management Plan

Appendix 6 Designated Focal Points

Appendix 7 Volunteer Program

## **APPENDIX 1 ORGANIZATIONAL STRUCTURE**

SODA Area Agency on Aging (AAA) operates under the sponsoring agency: Southern Oklahoma Development Association. SODA has a board of directors who help make decisions concerning the everyday functions of operating the company. There are four departments that make up the Southern Oklahoma Development Association. These departments are: Area Agency on Aging; Rural Fire Defense; Finance Department; and Community and Economic Development.

There are currently seven employees in the SODA Area Agency on Aging department. Within the Area Agency on Aging department there is an Ombudsman Program which is also overseen by the State Ombudsman Program. The Ombudsman program is a program set up for the resident rights of those persons living in nursing homes.

SODA Area Agency on Aging contracts with the Masonic Charity Foundation and provides the following services: Wheelchair Ramps, Minor Home Repair and/or Supplies, including ADA accessible materials (such as “Grab Bars” for bathrooms), Limited Utilities, Dental/Dentures, Eyeglasses, Hearing Aids, Durable Medical Equipment, Some Household Appliances, Space Heaters, Some Clothing, Personal Items (such as incontinence supplies), Blankets, Some Emergency food Assistance.

SODA Area Agency on Aging contracts with the Oklahoma Department of Commerce (ODOC) Community Expansion for Nutritional Assistance (CENA) and provides some financial support for Senior Community Centers that seniors attend with reimbursement for the following: Food, Utilities/Rent, Building Insurance, Equipment, Repairs/Maintenance and Supplies for the Senior Centers.

SODA Area Agency on Aging contracts with SHIP- Medicare Part-D – Oklahoma Insurance Department (OID); MIPPA- Low Income Medicare Assistance – OID; Living Choice - Money Follows the Person – Centers for Medicare and Medicaid Services (CMS) to provide the following services for seniors: Medicare Part-D Presentations, Medicare Counseling, Medicare Enrollment and Living Choice/Medicaid Program for Rebalancing Long-term Care systems.

SODA Area Agency on Aging partners with MobileSmiles Oklahoma through the Oklahoma Dental Foundation & Delta Dental of Oklahoma Oral Health Foundation. MobileSmiles is a fully equipped dental office on wheels and provides the following dental services to seniors 60 and over: Dental exams, x-rays, fillings, extractions, cleanings and oral health education.

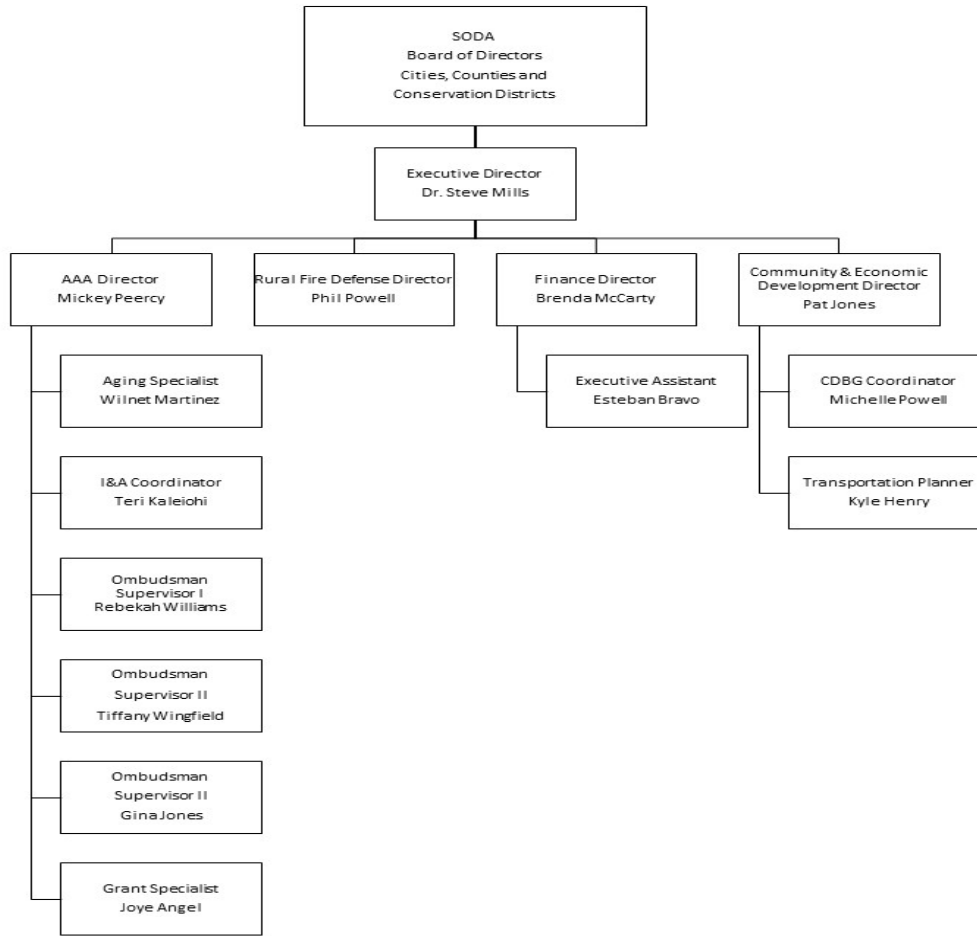
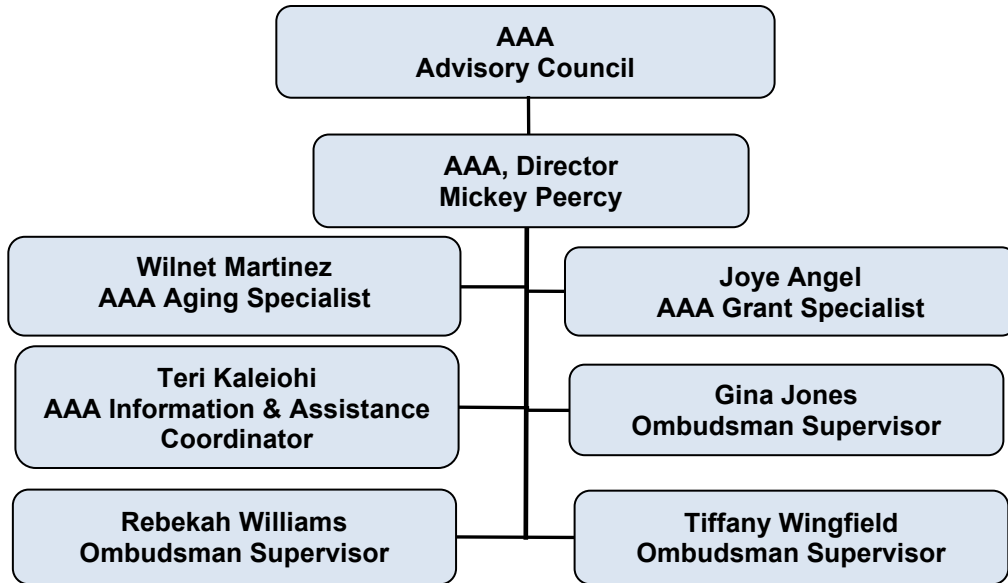
SODA AAA partners with VSP through their Eyes of Hope program. Through this program seniors are provided a gift certificate where they can receive an exam, lenses, and frames free through a participating Optometrist.

For SFY 2023, SODA Area Agency on Aging currently has four providers receiving grants to provide Older American Act services to the elderly in all ten counties of the SODA AAA PSA. The programs providing services are as follows: Social Services Foundation of Southern Oklahoma, Inc dba Southern Oklahoma Nutrition Program; Big Five Community

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Services, Inc.; INCA Community Services dba JAMM Transit; and Legal Aid Services of Oklahoma, Inc.

**APPENDIX 2 ORGANIZATIONAL CHARTS**  
**ORGANIZATIONAL CHART – AAA**



**AREA AGENCY ON AGING ADVISORY COUNCIL** [See State policy OAC 340:105-10-32](#)

Per policy 340: 105-10-32 (a)(2)(A)-(D). There are no SODA AAA Advisory Council members that are composed from the following specific entities: State Agency staff or governing board members; AAA staff or governing board members; Title III Project staff or governing board members; or any other persons that may give an appearance of a potential conflict of interest.

An Advisory Council members primary purpose is to increase the social and economic well-being of aging citizens; to assist aging citizens in securing and maintaining maximum independence and dignity in a home environment for older persons capable of self-care with appropriate supportive services and to promote and support the goal of building a comprehensive and coordinated system of services for aging citizens. SODA AAA are actively recruiting new members to the Advisory Council.

**The Role of an Advisory Council:** The role and responsibility of SODA AAA Advisory Council members is to advise and assist the AAA staff in matters such as: assisting with the developing, administering, review and approval of the Area Plan for improving the services and programs available to the elderly; assisting in conducting public hearings; representing the interests of older persons; reviewing and commenting on the formulation of goals, objectives, all community policies, programs, and actions which affect older persons as needed; reviewing grant proposals and makes recommendations on funding to the SODA Board of Directors; and serving as an advisory body to the SODA Board of Directors in all areas related to aging.

**Terms of membership:** At least 50% of Council membership must be comprised of persons 60 years of age or older. Members may serve successive consecutive terms on the Council provided attendance is maintained.

**Terms of office for officers:** Shall be for a minimum of one year and no more than three consecutive terms.

**Advisory Council meetings:** Meetings are held on a quarterly basis.

**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

AAA: SODA

**ADVISORY COUNCIL MEMBERSHIP**

Composition of the Advisory Council			Advisory Council Members Who Are Age 60 Or Over								
Total Members Advisory Council	Total Minority	Total Disabled	Total Age 60+	Black Age 60+	Hispanic Age 60+	Asian Age 60+	Native American Age 60+	Disabled Age 60+	Low Income Age 60+	Consumer Age 60+	
11	2	2	6	1	0	0	1	2	0	3	

COUNTY REPRESENTED	NAME	ORGANIZATION AFFILIATION	ADDRESS	PHONE NUMBER	YEAR OF TERMS		OFFICER
					Start	End	
Bryan	Jana Underwood	Choctaw Nation – Senior Nutrition Title VI	1803 Chukka Hina, Durant, OK 74701	918-443-0324	09-24-2019	9-24-2025	
Bryan	Greg Scott	Choctaw Nation – Healthy Aging	1803 Chukka Hina, Durant, OK 74701	580-775-7947	4-27-2021	4-24-2024	
Carter	Erma Alford	Silver Haired Legislature	333 C. Street NW, Ardmore, OK 73401	580-223-1545	09-17-2014	9-17-2023	
Carter	James Rosson	Food and Resource Center	801 Hailey St. SW, Ardmore, OK 73401	580-798-2293 580-247-0443	9-27-2018	9-27-2023	Vice-Chairperson
Carter	Wilson Seawright	Chickasaw Nation	P.O. Box 83, Ardmore, OK 73401	580-223-3358	4-27-2021	4-27-2024	Chairperson
Johnston	Jimmie Timmons	Pontotoc Senior Citizens Center	HC 64 Box 192, Ada, OK 74820	580-272-7289	8-12-2022	8-12-2025	
Marshall	Karen Cook	Chickasaw Nation	212 West Lillie Blvd., Madill, OK 73446	580-795-5196	03-19-2019	3-19-2025	

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

COUNTY REPRESENTED	NAME	ORGANIZATION AFFILIATION	ADDRESS	PHONE NUMBER	YEAR OF TERMS		OFFICER
					Start	End	
Marshall	Stacy Wesberry	Chickasaw Nation	212 West Lillie Blvd., Madill, OK 73446	580-795-9790	03-19-2019	3-19-2025	
Marshall	Bill Lansdale	Madill Nutrition Center	703 Dallas Drive, Kingston, OK 73439	580-564-3782 580-564-5860	06-25-2018	6-25-2024	
Marshall	Glenda Lansdale	AARP, Madill Nutrition Center	703 Dallas Drive, Kingston, OK 73439	580-564-3782	06-21-2017	6-21-2026	
Pontotoc	Karl Burkhardt	Town of Stonewall	PO Box278, Stonewall, OK 74871	580-265-6204	8-12-2022	8-12-2025	

**AREA AGENCY ON AGING BOARD OF DIRECTORS**

**The role of a board member:**

Most Board members are appointed by county boards of commissioners and other local officials. The role of the Board is to govern, not manage.

The Board carries out important roles: establishes the goals and objectives of the Agency; makes policies and decisions to support those goals and objectives; oversees the performance and exercises accountability for results; builds relationships with the Agency's key stakeholders; provides leadership and advocacy; and approves the AAA Area Plan and AAA grants.

Currently there are no Board members having any conflict of interest and/or associated with an organization being voted upon.



**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

AAA SODA

**BOARD OF DIRECTORS MEMBERSHIP**

Composition of the Board of Directors

	Total Members Board of Directors	Total Minority	Total Disabled	Board of Directors Members Who Are Age 60 Or Over							
				Total Age 60+	Black Age 60+	Hispanic Age 60+	Asian Age 60+	Native American Age 60+	Disabled Age 60+	Low Income Age 60+	Consumer Age 60+
	27	2	0	10	0	0	0	2	0	0	0

COUNTY	NAME	ORGANIZATION AFFILIATION	ADDRESS	PHONE NUMBER	YEAR OF TERMS		OFFICER
					Start	End	
Atoka	Danny Delay	Atoka City Manager	PO Box 900 Atoka, OK 74525	580-889-3341 ext 33	8/17/2020	8/17/2023	
Atoka	Marvin Dale	Atoka County Commissioner #1	200 E. Court St Ste 205W Atoka, OK 74525	580-889-2643	2/1/2021	2/1/2024	
Bryan	Sammie Adams	Bryan County Conservation Dist.	2525 Monterrey Durant, OK 74701	580-931-6167	9/16/2021	9/16/2024	
Bryan	Jay Perry	Bryan County Commissioner #3	PO Box 104 Bokchito, OK 74726	580-924-2201	1/02/2018	1/02/2024	
Bryan	Lisa Taylor	Interim Durant City Manager	PO Box 578 Durant, OK 74702	580-924-7254	9/13/2022	9/13/2025	
Carter	Joe McReynolds	Carter County Commissioner #1	PO Box 1544 Ardmore, OK 73402	580-653-2267	9/26/2022	9/26/2025	President
Carter	Johnnie Crutchfield	Arbuckle Conservation District	1909 Melody Land Ardmore, OK 73401	580-226-1680	9/12/2022	9/12/2025	
Carter	Kristi McElroy	Ardmore Purchasing/Grant Coordinator	23 South Washington Ardmore, OK 73401	580-221-2548	9/20/2022	9/20/2025	Vice President
Carter	Sally Jantz	Healdton City Manager	167 Franklin St Healdton, OK 73438	580-229-1283	8/15/2022	8/15/2025	

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

COUNTY	NAME	ORGANIZATION AFFILIATION	ADDRESS	PHONE NUMBER	YEAR OF TERMS		OFFICER
					Start	End	
Carter	Ian O'Neal	Lone Grove City Manager	PO Box 304 Lone Grove, OK 73443	580-657-3111	8/15/2022	8/15/2025	
Coal	Nick Lee	Coal County Commissioner #2	4 N. Main St, Se 1 Coalgate, OK 74538	580-927-2792	10/31/2022	10/31/2025	
Coal	Johnny Jump	Coalgate City Manager	3 S. Main Coalgate, OK 74538	580-927-3914	3/28/2022	3/28/2025	
Coal	Rick Ellis	Coal County Conservation Dist.	PO Box 151 Tupelo, OK 74572	580-421-5222	3/10/2020	3/10/2023	
Garvin	Gary Ayers	Garvin County Commissioner #2	201 W. Grant Ave. Pauls Valley, OK 73075	405-238-2685	09/06/2016	06/06/2025	
Garvin	Lee Litterell	Pauls Valley City Manager	PO Drawer 778 Pauls Valley, OK 73075	405-238-3308	3/22/2022	3/22/2025	
Johnston	Cacy Cribbs	Johnston County Commissioner #2	705 W. Main Tishomingo, OK 73460	580-371-3058	8/15/2022	8/15/2025	Secretary
Love	Linda Hyman	Love County Commissioner #2	405 W. Main, Ste 101 Marietta, OK 73448	580-276-2191	9/19/2022	9/19/2025	
Love	Scott Chaney	City of Marietta	101 W. Main Marietta, OK 73448	580-276-5569	11/08/2022	11/08/2025	
Love	Kit Dinwiddie	Love County Conservation District	22128 State Hwy 32, Burneyville, OK 73430	262-287-3647	10/13/2022	10/13/2025	
Marshall	Don "Salty" Melton	Marshall County Commissioner #1	100 Plaza, Room 106 Madill, OK 73446	580-795-2793	2/03/2020	2/03/2023	
Marshall	James Fullingim	Madill City Manager	201 E Overton Madill, OK 73446	580-795-5586	2/11/2020	2/11/2023	
Murray	Darrell Hudson	Murray County Commissioner #3	PO Box 552 Davis, OK 73030	580-622-3777	8/15/2022	8/15/2025	
Murray	Ricky Harness	Davis City Manager	227 E. Main Street Davis, OK 73030	580-369-3333	7/11/2022	7/11/2025	
Pontotoc	Gary Starns	Pontotoc County Commissioner #1	PO Box 1425 Ada, OK 74820	580-332-8977	1/6/2020	1/6/2023	
Pontotoc	James Eldridge	Ada Jobs Foundation	PO Box 1728 Ada, OK 74821	580-235-0070	9/6/2022	9/6/2025	
Pontotoc	Bob Stick	Chickasaw Nation	PO Box 2577 Ada, OK 74821	580-272-0537	04/01/1996	4/1/2025	
Bryan	John Redman	Choctaw Nation	1802 Chukka Hina Durant, OK 74701	580-924-8280	4/20/2019	4/4/2025	

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

### ADVISORY COUNCIL SCHEDULE OF MEETING DATES

04-14-2022	Kiamichi Technology Center
06-15-2022	Chickasaw Cultural Center
08-12-2022	Southern Tech
11-10-2022	Irving Community Center

#### Trainings:

New Member and Annual Training is scheduled for November 10, 2022.

\*Dates and locations are subject to change. Meeting dates for 2023 have not been set.

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

### AAA BOARD OF DIRECTORS SCHEDULE OF MEETING DATES

#### 2022 Schedule of Regular Meetings

Date	Day	Location
February 25, 2022	Friday 10:00 am	Murray State College – Aggie Dining Room 1 Murray Campus, Tishomingo, OK (580) 371-2371
April 22, 2022	Friday 10:00 am	Oak Hill Country Club 519 N Country Club Rd, Ada, OK (580) 332-3744
June 24, 2022	Friday 10:00 am	Murray State College – Aggie Dining Room 1 Murray Campus, Tishomingo, Ok (580) 371-2371
August 26, 2022	Friday 10:00 am	Southern Oklahoma Technology Center – Conference 2610 Sam Noble Parkway, Ardmore, OK (580) 223-2070
October 28, 2022	Friday 10:00 am	Murray State College – Aggie Dining Room 1 Murray Campus, Tishomingo, Ok (580) 371-2371
December 9, 2022	Friday 10:00 am	Murray State College – Aggie Dining Room 1 Murray Campus, Tishomingo, Ok (580) 371-2371

\*Dates and locations are subject to change. Meeting dates for 2023 have not been set.

**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

**APPENDIX 3 DEMOGRAPHICS OF OLDER PERSONS IN THE PSA**

Type of population by county: <b><u>Atoka</u></b>	# County (From AGID per instructions)	Population Served in SFY2022	Estimated Population to Be Served in SFY2024
Total County pop.	13,823		
Total County pop. 60+	3,479	150	152
Female 60+	1,858	98	100
Male 60+	1,621	52	52
African American 60+	73	4	5
American Indian 60+	580	7	6
Asian 60+	0	0	0
Hispanic/ Latino 60+	64	2	2
Poverty (low income) 60+	470	76	78
Poverty (low income) minority 60+	170	7	8
Limited English proficiency 60+	10	0	0
Individuals residing in rural isolated 60+	3,479	150	152
GGRC 60+	200	3	4
Individuals living alone 60+	1,010	75	78
Veterans 60+	580	16	18
<b>Estimated Totals</b>			
*Individuals with disabilities 60+ (self-identified)	1,600	22	25
*Individuals at risk for institutional placement 60+(3 or more ADLS)	210	26	26
*Individuals with Alzheimer’s Disease and related disorders 60+ (self-identified) <b>(Based on 15% of 60+ Pop.) per AS</b>	522	22	23

Use the **AIM Report OKN506** for the statistics for these particular categories of individuals.  
 See Aging Integrated Database (AGID) 2019 for all other categories (<https://agid.acl.gov/>)  
 Use 15% of population to calculate Individuals with Alzheimer’s Disease-

**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

**APPENDIX 3 DEMOGRAPHICS OF OLDER PERSONS IN THE PSA**

Type of population by county:  <b><u>Bryan</u></b>	# County (From AGID per instructions)	Population Served in SFY2022	Estimated Population to Be Served in SFY2024
Total County pop.	46,457		
Total County pop. 60+	10,880	502	505
Female 60+	5,995	311	313
Male 60+	4,885	191	192
African American 60+	104	2	2
American Indian 60+	1,700	41	42
Asian 60+	8	1	0
Hispanic/ Latino 60+	263	5	4
Poverty (low income) 60+	1,170	201	205
Poverty (low income) minority 60+	455	25	27
Limited English proficiency 60+	30	0	0
Individuals residing in rural isolated 60+	10,880	442	450
GGRC 60+	415	3	5
Individuals living alone 60+	3,400	229	230
Veterans 60+	1,905	61	63
<b>Estimated Totals</b>			
*Individuals with disabilities 60+ (self-identified)	4,715	60	61
*Individuals at risk for institutional placement 60+(3 or more ADLS)	775	75	75
*Individuals with Alzheimer’s Disease and related disorders 60+ (self-identified)	1,632	75	76

**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

**APPENDIX 3 DEMOGRAPHICS OF OLDER PERSONS IN THE PSA**

Type of population by county: <u>Carter</u>	# County (From AGID per instructions)	Population Served in SFY2022	Estimated Population to Be Served in SFY2024
Total County pop.	48,319		
Total County pop. 60+	11,068	374	380
Female 60+	6,397	232	234
Male 60+	4,671	142	146
African American 60+	840	36	38
American Indian 60+	1,045	20	22
Asian 60+	30	2	2
Hispanic/ Latino 60+	352	3	3
Poverty (low income) 60+	1,430	223	225
Poverty (low income) minority 60+	535	37	38
Limited English proficiency 60+	65	0	0
Individuals residing in rural isolated 60+	11,068	374	380
GGRC 60+	345	2	3
Individuals living alone 60+	3,515	206	208
Veterans 60+	1,880	58	60
<b>Estimated Totals</b>			
*Individuals with disabilities 60+ (self-identified)	4,280	87	88
*Individuals at risk for institutional placement 60+(3 or more ADLS)	615	128	128
*Individuals with Alzheimer’s Disease and related disorders 60+ (self- identified)	1,660	56	57

**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

**APPENDIX 3 DEMOGRAPHICS OF OLDER PERSONS IN THE PSA**

Type of population by county: <u>Coal</u>	# County (From AGID per instructions)	Population Served in SFY2022	Estimated Population to Be Served in SFY2024
Total County pop.	5,581		
Total County pop. 60+	1,567	94	99
Female 60+	887	55	56
Male 60+	680	39	43
African American 60+	4	0	0
American Indian 60+	305	16	20
Asian 60+	4	0	0
Hispanic/ Latino 60+	56	2	2
Poverty (low income) 60+	265	82	84
Poverty (low income) minority 60+	105	14	16
Limited English proficiency 60+	0	0	0
Individuals residing in rural isolated 60+	1,567	94	99
GGRC 60+	80	0	0
Individuals living alone 60+	579	46	48
Veterans 60+	284	18	20
<b>Estimated Totals</b>			
*Individuals with disabilities 60+ (self-identified)	745	12	14
*Individuals at risk for institutional placement 60+(3 or more ADLS)	85	12	14
*Individuals with Alzheimer’s Disease and related disorders 60+ (self- identified)	235	14	15



**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

**APPENDIX 3 DEMOGRAPHICS OF OLDER PERSONS IN THE PSA**

Type of population by county:  <u>Garvin</u>	# County (From AGID per instructions)	Population Served in SFY2022	Estimated Population to Be Served in SFY2024
Total County pop.	27,835		
Total County pop. 60+	6,822	448	450
Female 60+	3,738	293	295
Male 60+	3,083	155	155
African American 60+	154	9	10
American Indian 60+	665	10	12
Asian 60+	4	2	2
Hispanic/ Latino 60+	237	2	4
Poverty (low income) 60+	680	179	189
Poverty (low income) minority 60+	260	15	20
Limited English proficiency 60+	14	0	0
Individuals residing in rural isolated 60+	6,822	324	354
GGRC 60+	230	0	2
Individuals living alone 60+	2,160	229	230
Veterans 60+	1,070	70	72
<b>Estimated Totals</b>			
*Individuals with disabilities 60+ (self-identified)	2,415	54	56
*Individuals at risk for institutional placement 60+(3 or more ADLS)	455	72	74
*Individuals with Alzheimer’s Disease and related disorders 60+ (self- identified)	1,023	67	68

**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

**APPENDIX 3 DEMOGRAPHICS OF OLDER PERSONS IN THE PSA**

Type of population by county: <u>Johnston</u>	# County (From AGID per instructions)	Population Served in SFY2022	Estimated Population to Be Served in SFY2024
Total County pop.	11,064		
Total County pop. 60+	2,831	107	110
Female 60+	1,523	60	62
Male 60+	1,308	47	48
African American 60+	90	2	3
American Indian 60+	495	9	10
Asian 60+	0	0	0
Hispanic/ Latino 60+	54	0	0
Poverty (low income) 60+	490	46	50
Poverty (low income) minority 60+	190	3	5
Limited English proficiency 60+	10	0	0
Individuals residing in rural isolated 60+	2,831	107	110
GGRC 60+	90	1	2
Individuals living alone 60+	1,110	51	55
Veterans 60+	505	21	23
<b>Estimated Totals</b>			
*Individuals with disabilities 60+ (self-identified)	1,305	15	18
*Individuals at risk for institutional placement 60+(3 or more ADLS)	185	21	23
*Individuals with Alzheimer’s Disease and related disorders 60+ (self- identified)	424	16	17

**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

**APPENDIX 3 DEMOGRAPHICS OF OLDER PERSONS IN THE PSA**

Type of population by county: <u>Love</u>	# County (From AGID per instructions)	Population Served in SFY2022	Estimated Population to Be Served in SFY2024
Total County pop.	10,063		
Total County pop. 60+	2,577	109	112
Female 60+	1,304	66	68
Male 60+	1,273	43	44
African American 60+	85	12	13
American Indian 60+	235	5	6
Asian 60+	25	0	0
Hispanic/ Latino 60+	171	4	5
Poverty (low income) 60+	290	61	65
Poverty (low income) minority 60+	145	14	15
Limited English proficiency 60+	75	0	0
Individuals residing in rural isolated 60+	2,577	109	112
GGRC 60+	60	1	2
Individuals living alone 60+	639	46	50
Veterans 60+	420	17	20
<b>Estimated Totals</b>			
*Individuals with disabilities 60+ (self-identified)	1,000	19	20
*Individuals at risk for institutional placement 60+(3 or more ADLS)	120	24	30
*Individuals with Alzheimer’s Disease and related disorders 60+ (self- identified)	386	16	17

**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

**APPENDIX 3 DEMOGRAPHICS OF OLDER PERSONS IN THE PSA**

Type of population by county:  <u>Marshall</u>	# County (From AGID per instructions)	Population Served in SFY2022	Estimated Population to Be Served in SFY2024
Total County pop.	16,505		
Total County pop. 60+	4,745	166	170
Female 60+	2,458	106	108
Male 60+	2,287	60	62
African American 60+	79	1	3
American Indian 60+	615	6	8
Asian 60+	19	0	0
Hispanic/ Latino 60+	324	9	10
Poverty (low income) 60+	440	77	80
Poverty (low income) minority 60+	150	6	8
Limited English proficiency 60+	110	0	0
Individuals residing in rural isolated 60+	4,745	166	170
GGRC 60+	150	0	2
Individuals living alone 60+	1,350	75	80
Veterans 60+	920	17	20
<b>Estimated Totals</b>			
*Individuals with disabilities 60+ (self-identified)	2,390	23	25
*Individuals at risk for institutional placement 60+(3 or more ADLS)	345	28	30
*Individuals with Alzheimer’s Disease and related disorders 60+ (self- identified)	712	25	25

**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

**APPENDIX 3 DEMOGRAPHICS OF OLDER PERSONS IN THE PSA**

Type of population by county:  <u>Murray</u>	# County (From AGID per instructions)	Population Served in SFY2022	Estimated Population to Be Served in SFY2024
Total County pop.	13,946		
Total County pop. 60+	3,583	209	215
Female 60+	1,874	120	125
Male 60+	1,709	89	90
African American 60+	29	3	3
American Indian 60+	610	15	15
Asian 60+	0	0	0
Hispanic/ Latino 60+	90	1	2
Poverty (low income) 60+	435	88	90
Poverty (low income) minority 60+	170	9	9
Limited English proficiency 60+	35	0	0
Individuals residing in rural isolated 60+	3,583	208	215
GGRC 60+	125	0	2
Individuals living alone 60+	1,024	109	110
Veterans 60+	765	31	32
<b>Estimated Totals</b>			
*Individuals with disabilities 60+ (self-identified)	1,625	49	51
*Individuals at risk for institutional placement 60+(3 or more ADLS)	230	58	60
*Individuals with Alzheimer’s Disease and related disorders 60+ (self- identified)	537	31	32

**SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION**

**APPENDIX 3 DEMOGRAPHICS OF OLDER PERSONS IN THE PSA**

Type of population by county:  Pontotoc	# County (From AGID per instructions)	Population Served in SFY2022	Estimated Population to Be Served in SFY2024
Total County pop.	38,355		
Total County pop. 60+	8,590	165	170
Female 60+	4,819	111	115
Male 60+	3,771	54	55
African American 60+	147	3	5
American Indian 60+	1,355	15	18
Asian 60+	30	0	0
Hispanic/ Latino 60+	231	2	2
Poverty (low income) 60+	845	50	55
Poverty (low income) minority 60+	260	9	10
Limited English proficiency 60+	85	0	0
Individuals residing in rural isolated 60+	8,590	165	170
GGRC 60+	390	64	70
Individuals living alone 60+	2,319	0	10
Veterans 60+	1,385	21	25
<b>Estimated Totals</b>			
*Individuals with disabilities 60+ (self-identified)	3,255	39	40
*Individuals at risk for institutional placement 60+(3 or more ADLS)	430	50	50
*Individuals with Alzheimer’s Disease and related disorders 60+ (self- identified)	1,288	25	25

**APPENDIX 4 CURRENT POVERTY GUIDELINES**

<https://aspe.hhs.gov/poverty-guidelines>

**HHS Poverty Guidelines for 2022**

The 2022 poverty guidelines are in effect as of January 12, 2022.

**2022 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA**

Persons in family/household

Poverty guideline

For families/households with more than 8 persons, add \$4,720 for each additional person.

1	\$13,590
2	\$18,310
3	\$23,030
4	\$27,750
5	\$32,470
6	\$37,190
7	\$41,910
8	\$46,630

For all states (except Alaska and Hawaii)

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

### APPENDIX 5 MANAGEMENT PLAN NARRATIVE Policy [OAC 340:105-10-34](#) & [OAC 340:105-10-35](#).

To obtain the goals and objectives set forth, consumer needs surveys are distributed to older adults for input on what their greatest priority needs are in the PSA. These surveys are tallied up on an excel spreadsheet to get totals for each need checked on the survey. SODA AAA uses the top 4 priority needs from these surveys to develop the management plan goals and objectives and action steps. Other tools also considered are from I & A referrals, Outreach Worker referrals and other information gathered from older adults at nutrition centers and senior centers.

#### The Management Plan goals and objectives in SFY 2024-2026

<b>GOAL: # 1</b>				<b>OBJECTIVE: # 1</b>												
<b>To advocate for the rights of older adults and people with disabilities.</b>				<b>Promote awareness of abuse, neglect, and Exploitation within the population of people with disabilities and older adults.</b>												
NO.	ACTION STEPS	DUE DATE	FIRST QUARTER			SECOND QUARTER			THIRD QUARTER			FOURTH QUARTER			STAFF POSITIONS ASSIGNED ACTION STEPS	
			Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun		
1.	<b>SODA AAA will conduct two fraud and scam presentations annually at Senior Centers within the PSA</b>	2024 2025 2026			X					X		X				I&A, Aging Specialist

<b>GOAL: # 1</b>				<b>OBJECTIVE: # 2</b>												
<b>To advocate for the rights of older adults and people with disabilities.</b>				<b>Advocate at the National, State, and local levels for increased funding for services and increasing needs of the aging population.</b>												
NO.	ACTION STEPS	DUE DATE	FIRST QUARTER			SECOND QUARTER			THIRD QUARTER			FOURTH QUARTER			STAFF POSITIONS ASSIGNED ACTION STEPS	
			Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun		
1.	<b>SODA AAA will invite the Legislators from the PSA to attend the quarterly Advisory Council meetings each year.</b>	2024 2025 2026			X			X				X			X	Director



## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

2.	SODA AAA will distribute information on services available and funding to the communities within the PSA	2024			X			X			X		X	Director, I&A, Aging Specialist
		2025			X			X		X		X		
		2026			X			X		X		X		

<b>GOAL: # 2</b>						<b>OBJECTIVE: # 1</b>									
To empower older adults and people with disabilities to manage their own independence, well-being, and health.						SODA AAA will collaborate with various organizations to disseminate aging and support service information and assistance to seniors, families, providers, community agencies, private and public sectors.									
NO.	ACTION STEPS	DUE DATE	FIRST QUARTER			SECOND QUARTER			THIRD QUARTER			FOURTH QUARTER			STAFF POSITIONS ASSIGNED ACTION STEPS
			Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	
1.	SODA AAA will publish an updated Resource Directory to be distributed to Title III and independent senior center sites.	2024											X		I&A

<b>GOAL: # 2</b>						<b>OBJECTIVE: # 2</b>									
To empower older adults and people with disabilities to manage their own independence, well-being, and health.						Educate the public on availability of services to foster independence, self-sufficiency and planning for long-term needs									
NO.	ACTION STEPS	DUE DATE	FIRST QUARTER			SECOND QUARTER			THIRD QUARTER			FOURTH QUARTER			STAFF POSITIONS ASSIGNED ACTION STEPS
			Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	
1.	SODA AAA will conduct two presentations annually to inform the aging population about services available	2024 2025 2026			X		X		X			X		X	I&A, Aging Specialist

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

<b>GOAL: # 3</b>				<b>OBJECTIVE: # 1</b>											
<b>To ensure access to programs and services that provide assistance to older adults</b>				<b>Provide older adults with information, counseling and assistance with Medicare and other prescription drug assistance programs</b>											
NO.	ACTION STEPS	DUE DATE	FIRST QUARTER			SECOND QUARTER			THIRD QUARTER			FOURTH QUARTER			STAFF POSITIONS ASSIGNED ACTION STEPS
			Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	
1.	<b>SODA AAA will have at least one staff member SHIP certified, and they will attend at least two trainings or conference calls regarding Medicare policies and procedures annually</b>	2024 2025 2026	X X X							X X X					<b>I&amp;A, Aging Specialist</b>

<b>GOAL: # 3</b>				<b>OBJECTIVE: # 2</b>											
<b>To ensure access to programs and service provide assistance to older adults</b>				<b>Assist older adults in the PSA with available services offered for vision, dental and other needed services</b>											
NO.	ACTION STEPS	DUE DATE	FIRST QUARTER			SECOND QUARTER			THIRD QUARTER			FOURTH QUARTER			STAFF POSITIONS ASSIGNED ACTION STEPS
			Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	
1.	<b>SODA AAA will collaborate and coordinate with agencies who offer discounts for needed services for older adults</b>	2024 2025 2026	X X X			X X X			X X X			X X X			<b>I&amp;A, Aging Specialist</b>

# SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

## APPENDIX 6 DESIGNATED FOCAL POINTS

SODA AAA's designation of the community focal points is geared mainly towards our Title III Nutrition Sites and Independent Senior Centers where older persons congregate frequently. These centers are currently open for senior citizens to attend for meals and/or recreation and socialization.

Please see the following spreadsheets for list of Designated Community Focal Points in the SODA AAA PSA.

AAA: SODA									
COMMUNITY FOCAL POINTS									
	CENTER NAME ADDRESS, CITY, ZIP CODE PHONE NUMBER CONTACT	COUNTY	CHECK IF FACILITY IS:					CHECK IF LOCATION SERVES:	
			A FOCAL POINT	A SENIOR CENTER	FUNDED THROUGH TITLE III	CAP AGENCY	OTHER (CHURCH, LIBRARY, HOUSING COMPLEX)	PREDOMINANTLY LOW-INCOME ELDERLY	PREDOMINANTLY LOW-INCOME MINORITY ELDERLY
1.	Ada Senior Center 530 W 5 <sup>th</sup> , Ada, OK 74820 580-436-8101 Joe Neely, Contact Person	Pontotoc	X	X				X	X
2.	Allen Nutrition Center 103 W. Broadway (Physical) - 104 N. Baltimore (Mailing), Allen, OK 74825 580-857-2803 Dava Beck, Site Manager	Pontotoc	X		X			X	X
3.	Antioch Community/Johnnie McWhirter Senior Center 24648 E. County Rd. 1580. Elmore City, OK 73433 405-795-0788 Carl B. Kay, Contact Person	Garvin	X	X				X	
4.	Ardmore Nutrition Center 220 13th SE, Ardmore, OK 73401 580-223-0450 Valarie Bussell, Site Manager	Carter	X		X			X	X
5.	Atoka Nutrition Center 180 W. Cedar Circle, Ste B, Atoka, OK 74525 580-889-3080 Angie Henderson, Site Manager	Atoka	X		X			X	X
6.	Bentley Community Senior Citizens Center 1203 Main St., Atoka, OK 74525 580-239-9302 Mary Frazier, Contact Person	Atoka	X	X				X	

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

7.	Boehler, Crystal, Sunkist Sr & Community Center	Atoka	X	X		X	
	1598 E. Boehler Rd., Boswell, OK 74727						
	580-889-5921						
	Judy Maggard, Contact Person						
8.	Calera Community Outreach Center	Bryan	X	X		X	
	100 S. McKinley, Calera, OK 74730						
	580-434-5634						
	Brenda F. Scalf, Contact Person						
9.	Coalgate Nutrition Center	Coal	X		X	X	
	51 Levy Annex, Coalgate, OK 74538						
	580-927-3245						
	Jana Hedgecock, Site Manager						
10.	Colbert Senior Community Building	Bryan	X	X		X	
	506 N. Davidson St., Colbert, OK 74733						
	580-296-2413						
	Annie Harrell, Contact Person						
11.	Connerville Senior Citizens Center	Johnston	X	X		X	
	7116 N. US Hwy 377, Connerville, OK 74836						
	580-421-6866						
	Judith Duncan, Contact Person						
12.	Davis Senior Citizens Center	Murray	X	X		X	
	103 S. 3rd St., Davis, OK 73030						
	580-369-6561						
	Stacey Harness, Contact Person						
13.	Dougherty Senior Citizens Center	Murray	X	X		X	
	17 Main St., Dougherty, OK 73032						
	580-622-3777						
	Jennifer White, Contact Person						
14.	Durant Nutrition Center	Bryan	X		X	X	
	301 N. 16th St., Durant, OK 74701						
	580-924-6247						
	Teresa Spurgin, Site Manager						
15.	Enos Community Center	Marshall	X	X		X	
	12429 Firehouse Road, Kingston, OK 73439						
	580-564-3199						
	Bonnie Sikes, Contact Person						
16.	Farris Senior/Community Center	Atoka	X	X		X	
	8981 S. Old Farris Rd., Atoka, OK 74525						
	580-889-1544						
	Linda Evans, Contact Person						
17.	Fred Stanley Nutrition Center	Marshall	X		X	X	
	408 W. Overton St., Madill, OK 73446						

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

	580-795-7075							
	<i>Dora Lawson, Site Manager</i>							
18.	Healdton Senior Citizens Center	Carter	X	X			X	X
	101 E. Texas St., Healdton, OK 73438							
	580-229-0555							
	Lane Jones, Contact Person							
19.	Hendrix Senior Community Center	Bryan	X	X			X	
	311 Main St., Hendrix, OK 74741							
	580-838-2475							
	Stacy Peebles, Contact Person							
20.	Hickory Senior Citizens Center	Murray	X	X			X	
	6671 Madison Rd., Roff, OK 74865							
	580-622-7777							
	Jennifer White, Contact Person							
21.	Kemp Senior Community Center	Bryan	X	X			X	
	511 W. Main, Kemp, OK 74747							
	580-838-2576							
	Helen Bengtson, Contact Person							
22.	Lane Senior Citizens Center	Atoka	X	X			X	X
	997 E. Hwy 3, Lane, OK 74555							
	580-889-7402							
	Elsie Frost, Contact Person							
23.	Lebanon Senior Citizen Center	Marshall	X	X			X	
	10905 Red River Ave., Lebanon, OK 73440							
	580-872-4427							
	Patsy Henson, Contact Person							
24.	<i>Lindsay Nutrition Center</i>	Garvin	X		X		X	
	310 W. Choctaw, Lindsay, OK 73052							
	405-756-4780							
	<i>Kelly Riddle, Site Manager</i>							
25.	Lone Grove Senior Center	Carter	X	X			X	
	16737 Highway 70W, Lone Grove, OK 73443							
	580-657-4734							
	Nikki Stewart, Contact Person							
26.	<i>Love County Nutrition Site</i>	Love	X		X		X	
	1110 N Hwy 77, Marietta, OK 73448							
	580-276-5475							
	<i>Angela Hubbard, Site Manager</i>							
27.	Maysville Senior Citizens	Garvin	X	X			X	
	401 Elm, Maysville, OK 73057							
	405-642-8763							
	Carolyn Ramsey, Contact Person							
28.	Mead Community Center	Bryan	X	X			X	

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

	6925 W. Hwy 70, Mead, OK 73449							
	903-337-5546							
	Kelly Silvera, Contact Person							
29.	Mill Creek Senior Citizens	Johnston	X	X			X	
	103 E. Main, Mill Creek, OK 74856							
	580-384-5757							
	Elesia Kirk, Contact Person							
30.	Oak Grove Senior Citizens Center	Murray	X	X			X	
	7451 Hwy 177N, Sulphur, OK 73086							
	580-622-3777							
	Jennifer White, Contact Person							
31.	Paoli Senior Citizens	Garvin	X	X			X	
	408 W. Davis St., Paoli, OK 73074							
	405-238-8436							
	Terry Erwin, Contact Person							
32.	Pauls Valley Nutrition Center	Garvin	X		X		X	
	310 W. Thomas, Pauls Valley, OK 73075							
	405-238-5892							
	Sherry Thomas, Site Manager							
33.	Pontotoc Senior Center	Pontotoc	X	X			X	
	108 S. 2nd Street, Ada, OK 74820							
	580-777-4424							
	Jimmie Timmons, Contact Person							
34.	Ravia Senior Center	Johnston	X	X			X	
	102 S. 2nd St., Ravia, OK 73455							
	817-721-1088							
	Joyce Smith, Contact Person							
35.	Reagan Senior Citizens & Community Center	Johnston	X	X			X	
	5959 City St., Tishomingo, OK 73460							
	580-371-6316							
	Val Bailey, Contact Person							
36.	Roff Senior Citizen	Pontotoc	X	X			X	
	220 W. Main, Roff, OK 74865							
	580-235-6760							
	Tony Folger, Contact Person							
37.	Shay Community Center	Marshall	X	X			X	
	7519 Shay Rd., Kingston, OK 73439							
	580-884-0373							
	Kim Gentry, Contact Person							
38.	Springdale Community Center	Carter	X	X			X	
	2811 Springdale Rd., Ardmore, OK 73401							
	580-465-5934							
	Gary Scott, Contact Person							

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

39.	Stonewall Senior Citizens Center	Pontotoc	X	X		X	
	201 W Main St, Stonewall, OK 74871						
	580-265-4511						
	Karl Burkhardt						
40.	Stratford Senior Citizens Center	Garvin	X		X	X	
	401 W. Main, Stratford, OK 74872						
	580-759-3613						
	Lavon Coleman, Site Manager						
41.	Sulphur Senior Center	Murray	X		X	X	
	728 Cambridge, Sulphur OK 73086						
	580-622-6336						
	Norma Wallace, Contact Person						
42.	Thackerville Senior Citizens Center	Love	X	X		X	X
	19103 U.S. Hwy 77, Thackerville, OK 73459						
	580-812-1384						
	Carol Herman, Contact Person						
43.	Tishomingo Nutrition Center	Johnston	X		X	X	X
	601 W. Main, Tishomingo, OK 73460						
	580-371-9116						
	Dora Lawson, Site Manager						
44.	Tupelo Senior Center	Coal	X	X		X	X
	104 4th St., Tupelo, OK 74572						
	580-845-2412						
	Kallie D'Aguanno, Contact Person						
45.	Wade-Albany Senior Citizens Center	Bryan	X	X		X	
	107 N. Wade Street, Albany, OK 74721						
	580-775-2582						
	Janet Boston, Contact Person						
46.	Wilson Community Senior Citizens Assoc. of Atoka County	Atoka	X	X		X	X
	303 S Wilson Lane, Atoka, OK 74525						
	580-937-4536						
	Betty Sullivan, Contact Person						
47.	Wilson Nutrition Center	Carter	X		X	X	
	1165 7th Street, Wilson, OK 73463						
	580-668-3128						
	Johnna Greenroyd, Site Manager						
48.	Wynnewood Senior Center	Garvin	X	X		X	
	804 E. Robert S. Kerr Blvd., Wynnewood, OK 73098						
	405-665-2307						
	Codie Cross, Contact Person						
49.	Yarnaby Senior & Community Center	Bryan	X	X		X	
	1351 Yarnaby Rd, Hendrix OK 74741						

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

	580-285-3232								
	Chuck Prater, Contact Person								
50.	Big Five Community Services	Bryan	X			X			
	1502 N. 1 <sup>st</sup> , Durant, OK 74701								
	580-924-5331								
	Counties Served: Bryan, Carter, Coal, Love, Pontotoc								
51.	Delta Community Action Foundation	Garvin	X			X			
	308 S.W. 2 <sup>nd</sup> , Lindsay, OK 73052								
	405-756-1100								
	Counties Served: Garvin								
52.	INCA Community Services	Johnston	X			X			
	202 S. Capitol Street, Suite 2, Tishomingo, OK 73460								
	580-371-2352								
	Counties Served: Atoka, Garvin, Johnston, Marshall, Murray								



## **APPENDIX 7 VOLUNTEER PROGRAM NARRATIVE**

For the latest information, please see: <https://independentsector.org/value-of-volunteer-time-2021/>

Oklahoma's Value of a Volunteer Hour in 2021 was \$24.96. This is a 2.5% increase from 2020, but slightly below the National Average of \$29.95.

### **Recruitment and use of Volunteers by the AAA and grantees:**

#### **SODA AAA ADVISORY COUNCIL**

Recruitment of volunteers is mainly done by word of mouth and networking with others. Volunteers are actively recruited and trained to serve as advisory council members. These Volunteers attend quarterly meetings to advise the SODA AAA on matters related to issuing funds to grantees and to submit input for the area plan and subsequent updates. SODA AAA Advisory Council members receive their Annual Training once a year. These volunteers serve as advocates on issues related to older persons in the SODA AAA PSA and also throughout the state of Oklahoma. SODA AAA currently has 10 Advisory Council members.

#### **SODA AAA OMBUDSMAN VOLUNTEER PROGRAM**

SODA Area Agency on Aging Ombudsman program recruits volunteers to assure quality of care for residents in long-term care facilities. Recruitment is done by word of mouth, brochures, and flyers. The need for volunteers is to have another pair of eyes and ears to help make the quality of life and the quality of care respectful for those living in the long-term care facilities. Communication is key to help the understandings of the law and regulations between the residents, families, and facilities. Volunteers help improve quality of care for nursing home residents. Trainings for volunteers occur every quarter. There are currently no active Ombudsman volunteers in the SODA PSA, but the Ombudsman Supervisors are diligently working on recruiting.

**Big Five FCSP, Outreach, Health Promotion, Transportation – SFY 2022** - Have volunteers occasionally who help them with whatever is needed. All programs of Big Five have an Advisory Council who volunteers their time and meets quarterly.

**LASO – SFY 2022** - Occasionally utilizes volunteers through higher education programs and through DHS, TANF, RSVP and retirees. LASO has an Advisory Council who volunteers their time and meets quarterly.

**SONP – SFY 2022** - Volunteers help out at the nutrition sites and are recruited mainly by site managers. Most of these volunteers are also congregate participants. SONP has an Advisory Council who volunteers their time and meets quarterly.

Using the Oklahoma state "Value of a Volunteer Hour for calendar year 2021". The amount of income SODA AAA and its projects saved SFY 2022 utilizing volunteers is estimated to be approximately \$21,365.76

## SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION

### SFY 2022 - Unduplicated Volunteers & Unduplicated Volunteer Hours

Project Name	Unduplicated Volunteers 1 <sup>st</sup> Quarter	Unduplicated Volunteer Hours 1 <sup>st</sup> Quarter	Unduplicated Volunteers 2 <sup>nd</sup> Quarter	Unduplicated Volunteer Hours 2 <sup>nd</sup> Quarter	Unduplicated Volunteers 3 <sup>rd</sup> Quarter	Unduplicated Volunteer Hours 3 <sup>rd</sup> Quarter	Unduplicated Volunteers 4 <sup>th</sup> Quarter	Unduplicated Volunteer Hours 4 <sup>th</sup> Quarter
SODA AC	0	0	8	16	0	0	5	18
Big 5 FCSP	0	0	0	0	0	0	0	0
Big 5 Outreach	0	0	0	0	0	0	0	0
Big 5 Health Promotion	0	0	0	0	0	0	0	0
Big 5 Trans	0	0	0	0	0	0	0	0
INCA JAMM	0	0	0	0	0	0	0	0
Moms Meals	0	0	0	0	0	0	0	0
LASO	0	0	0	0	0	0	0	0
SONP	6	188	7	186	7	196	7	252
<b>TOTAL</b>	<b>6</b>	<b>188</b>	<b>15</b>	<b>202</b>	<b>7</b>	<b>196</b>	<b>12</b>	<b>270</b>